

Year 11 Parental Support GCSE Revision Booklet Summer 2024





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English Language



Paper 1: Explorations in Creative Reading and Writing

What's assessed Section A - Reading

Identifying information - Language analysis - Structure analysis - Evaluation

Section B - Writing

Choice of tasks – description or narrative

How it's assessed

- Written exam: 1 hour 45 minutes
- 80 marks
- 50% of GCSE

Questions

Reading (40 marks) (25%) – one single text

- 1 short form question (1 x 4 marks)
- 2 longer form questions (2 x 8 marks)
- 1 extended question (1 x 20 marks)

Writing (40 marks) (25%)

1 extended writing question (24 marks for content, 16 marks for technical accuracy)

Paper 2: Writers' Viewpoints and Perspectives

What's assessed Section A - Reading

one non-fiction text and one literary non-fiction text

Section B - Writing

writing to present a viewpoint

How it's assessed

- Written exam: 1 hour 45 minutes
- 80 marks
- 50% of GCSE

Questions

Reading (40 marks) (25%) - two linked texts

- 1 short form question (1 x 4 marks)
- 2 longer form questions (1 x 8, 1 x 12 marks)
- 1 extended question (1 x 16 marks)

Writing (40 marks) (25%)

1 extended writing question (24 marks for content, 16 marks for technical accuracy)

Useful Websites

Paper 1

Past exam papers and mark schemes: https://www.aqa.org.uk/subjects/english/gcse/english-language-8700/assessment-<u>res'ources</u>

Comprehensive revision guide: https://www.oakwood.ac/wp-content/uploads/sites/4/2020/12/Y11-How-to-revise-for-English-Language.pdf

Paper 2

Past exam papers and mark schemes:

https://www.aga.org.uk/subjects/english/gcse/english-language-8700/assessmentresources

Online opinion pieces:

https://www.theguardian.com/uk/commentisfree

https://www.telegraph.co.uk/opinion/?WT.mc_id=tmgoff_psc_ppc_dsa_news&gclid=EAI alQobChMloLivq-Xs_QlVy9LtCh1MlgAmEAAYASAAEgl2UPD_BwE

23/05/2024	English Language Paper 1	
06/06/2024	English Language Paper 2	3



English Literature



Paper 1: Shakespeare and the Nineteenth Century Novel

What's assessed

Section A - Macbeth (Shakespeare)

Extract based question

Link themes/ideas/character in extract with the play as a whole

Section B - The Strange Case of Dr Jekyll & Mr Hyde (Stevenson)

Extract based question

Link themes/ideas/character in extract with the play as a whole

How it's assessed

- Written exam: 1 hour 45 minutes
- 64 marks
- 40% of GCSE

Questions

Section A Shakespeare: students will answer one question on their play of choice. They will be required to write in detail about an extract from the play and then to write about the play as a whole.

Section B The 19th-century novel: students will answer one question on their novel of choice. They will be required to write in detail about an extract from the novel and then to write about the novel as a whole.

Paper 2: Writers' Viewpoints and Perspectives

What's assessed

Section A - An Inspector Calls

Choice of two essay questions (students only complete one)

Section B - Power & Conflict Poetry

One of fifteen poems is provided and students compare to the anthology poem of their choice

Section C - Unseen Poetry

2 questions, analysing 2 poems that have not previously been studied

How it's assessed

- Written exam: 2 hour 15 minutes
- 80 marks
- 50% of GCSE

Questions

Section A Modern texts: students will answer one essay question from a choice of two on their studied modern prose or drama text.

Section B Poetry: students will answer one comparative question on one named poem printed on the paper and one other poem from their chosen anthology cluster.

Section C Unseen poetry: Students will answer one question on one unseen poem and one question comparing this poem with a second unseen poem.

Useful Websites

Past exam papers and mark schemes: https://www.aqa.org.uk/subjects/english/gcse/english-literature-8702/assessment-resources

Padlet resources:

https://padlet.com/SMR/Jekyll

https://padlet.com/MrDowling/Jekyll Hyde

GCSE Bitesize - Macbeth:

https://www.bbc.co.uk/bitesize/topics/zgq3dmn

https://www.theguardian.com/uk/commentisfree

https://www.telegraph.co.uk/opinion/?WT.mc_id=tmgoff_psc_ppc_dsa_news&gclid=EAlalQobChMIoLivq-

Xs_QIVy9LtCh1MlgAmEAAYASAAEgI2UPD_BwE

Padlet resources:

https://padlet.com/MrDowling/PowerandConflict

GCSE Bitesize – An Inspector Calls:

https://www.bbc.co.uk/bitesize/topics/zpr639q

Unseen Poetry:

https://www.agaenglishrevision.com/unseen-poetry

13/05/24	English Literature Paper 1
20/05/24	English Literature Paper 2

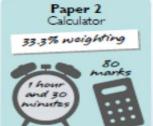


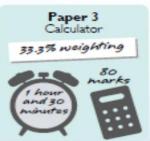
Maths

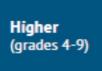


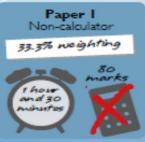




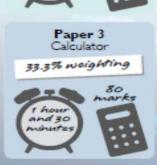


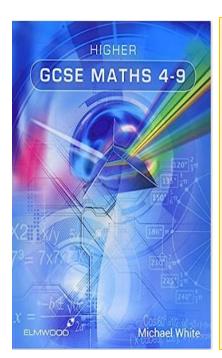












Useful Websites

- www.mvmaths.co.uk
- www.mathwatch.co.uk
- www.drfrostmaths.com
- https://qualifications.pearson.com/en/subjects/mat hematics.html
- https://mmerevise.co.uk/gcse-maths-revision/
- https://www.khanacademy.org/
- https://www.mathsgenie.co.uk/
- https://corbettmaths.com/

Exam dates

16/05/2024	Mathematics	Paper 1 (Non-Calculator)
03/06/2024	Mathematics	Paper 2 (Calculator)
10/06/2024	Mathematics	Paper 3 (Calculator)

AQA Combined Science: Trilogy



- This is the equivalent of 2 GCSEs and students will receive two combined grades at the end of Y11.
- All students will take 6 science exams next summer: 2 Biology, 2 Chemistry and 2 Physics
- For GCSE Combined Science all exams are 1 hour 15 minutes



Dates of Exams

Bio Paper 1: 10^h May am Chem Paper 1: 17th May am Physics Paper 1: 22nd May am

Bio Paper 2: 7th June pm Chem Paper 2: 11th June am Physics Paper 2: 14th June pm

Useful Websites

AQA website https://www.aqa.org.uk/subjects/science/gcse

BBC Bitesize Science:

https://www.bbc.co.uk/bitesize/subjects/zrkw2hv

Freesciencelessons https://www.freesciencelessons.co.uk/

Seneca Learning: https://senecalearning.com/en-GB/

KayScience: https://www.kayscience.com/

Continuity Oak: https://continuityoak.org.uk/Lessons

Physics and Maths Tutor:

https://www.physicsandmathstutor.com/

SaveMyExams: https://www.savemyexams.co.uk/

Biology Paper I	Chemistry Paper I	Physics Paper I	
Cell biologyOrganisationInfection and responseBioenergetics	 Atomic structure and the periodic table Bonding, structure and the properties of matter Quantitative chemistry Chemical changes Energy changes 	EnergyElectricityParticle model of matterAtomic structure	

Biology Paper 2	Chemistry Paper 2	Physics Paper 2
 Homeostasis and response Inheritance, variation and evolution Ecology 	 The rate and extent of chemical change Organic chemistry Chemical analysis The chemistry of the 	ForcesWavesMagnetism and electromagnetism
Archive	atmosphereUsing resources	GCSE Physics only • Space physics 8



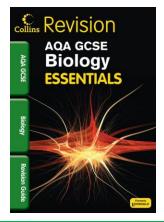
Biology

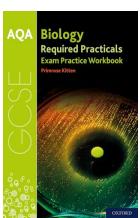


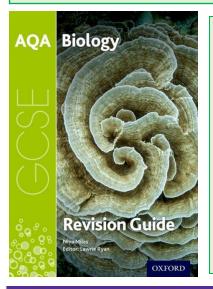
• This is the equivalent of 1 GCSE.

Higher tier students will receive a grade between 4 and 9.

Biology students will take 2 exams, each exam is worth 100 marks. Each exam duration is 1 hour and 45 minutes.







Useful Websites

AQA website https://www.aqa.org.uk/subjects/science/gcse

BBC Bitesize Science:

https://www.bbc.co.uk/bitesize/subjects/zrkw2hv

Freesciencelessons https://www.freesciencelessons.co.uk/

Seneca Learning: https://senecalearning.com/en-GB/

KayScience: https://www.kayscience.com/

Continuity Oak: https://continuityoak.org.uk/Lessons

Physics and Maths Tutor:

https://www.physicsandmathstutor.com/

SaveMyExams: https://www.savemyexams.co.uk/

Paper 1

What's assessed

Topics 1–4: Cell biology; Organisation; Infection and response; and Bioenergetics.

How it's assessed

- Written exam: 1 hour 45 minutes
- Foundation and Higher Tier
- 100 marks
- 50 % of GCSE

Questions

Multiple choice, structured, closed short answer and open response.

Paper 2

What's assessed

Topics 5–7: Homeostasis and response; Inheritance, variation and evolution; and Ecology.

How it's assessed

- Written exam: 1 hour 45 minutes
- Foundation and Higher Tier
- 100 marks
- 50 % of GCSE

Questions

Multiple choice, structured, closed short answer and open response.

10/05/24	Biology Paper 1
07/06/24	Biology Paper 2 5



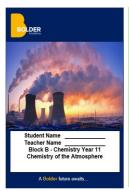
Chemistry

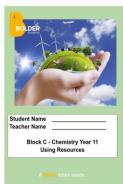


This is the equivalent of 1 GCSE.

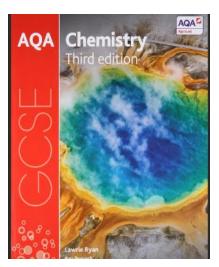
Higher tier students will receive a grade between 4 and 9.

Chemistry students will take 2 exams, each exam is worth 100 marks.









Useful Websites

AQA website https://www.aqa.org.uk/subjects/science/gcse

BBC Bitesize Science:

https://www.bbc.co.uk/bitesize/subjects/zrkw2hv

Freesciencelessons https://www.freesciencelessons.co.uk/

Seneca Learning: https://senecalearning.com/en-GB/

KayScience: https://www.kayscience.com/

Continuity Oak: https://continuityoak.org.uk/Lessons

Physics and Maths Tutor:

https://www.physicsandmathstutor.com/

SaveMyExams: https://www.savemyexams.co.uk/

Topics list

Paper 1 (Topic 1 to 5) Paper 2 (Topic 6 to 10)

- .1 Atomic structure and the periodic table
- 2 Bonding, structure, and the properties of matter
- .3 Quantitative chemistry
- 4 Chemical changes
- .5 Energy changes
- 6 The rate and extent of chemical change
- .7 Organic chemistry
- .8 Chemical analysis
- .9 Chemistry of the atmosphere
- .10 Using resources

Chemistry students will take 2 papers, each paper is worth 100 marks. Exam duration is 1 hour and 45 minutes.

Exam dates

17/05/2024	Chemistry Paper 1	
11/06/2024	Chemistry Paper 2 7	



Physics



Revision tips

Familiarise with the GCSE Data/Equation Sheet

Make flash Cards/ Mind Maps for each topic to help with last day revision

Understand the command words for exams (see below)

Make a list of all required practical and make detailed notes on each including identifying variables

Write answers in bullet point sentences

Higher Level

Practice exam guestions under timed conditions

Read and understand the Mark Schemes while checking your practice work.

RAG the checklists shared with you

GCSE AQA Physics Exam Practice Workbook

Useful Websites

AQA website https://www.aqa.org.uk/subjects/science/gcse

BBC Bitesize Science:

https://www.bbc.co.uk/bitesize/subjects/zrkw2hv

Freesciencelessons https://www.freesciencelessons.co.uk/

Seneca Learning: https://senecalearning.com/en-GB/

KayScience: https://www.kayscience.com/

Continuity Oak: https://continuityoak.org.uk/Lessons

Physics and Maths Tutor:

https://www.physicsandmathstutor.com/

SaveMyExams: https://www.savemyexams.co.uk/

List of Topics.

• 1. Energy

Includes Answers

- 2. Electricity
- · 3. Particle model of matter
- 4. Atomic structure
- 5. Forces
- 6. Waves
- 7. Magnetism and electromagnetism
- 8. Space physics (physics only)

Paper 1:

What's assessed

Topics 1-4: Energy; Electricity; Particle model of matter; and Atomic structure.

Paper 2:

What's assessed

Topics 5-8: Forces; Waves; Magnetism and electromagnetism; and Space physics.

Key Exam Dates

22/05/2024	Physics Paper 1 (both tiers)
14/06/2024	Physics Paper 2 (both tiers)



QA^D Art, Craft and Design



The marking of the art exam *includes* their exam sketchbook which was started 2nd Jan. When the pupils come back after Easter, they will have 2 weeks until their exam.

CHECKLIST OF TASKS

Title page/mind map Moodboard and illustrations x2 pages Artist Research Page Artist research study (copy of work) Artist research page 2 Artist research study (copy of work) Artist research photography response (thumbnails) Developed photography in depth Creative response using your own photographs as a reference Experimentation of materials Developing Ideas (double page) Final Idea Plan (double page) Equipment/material list

Pupils need to make sure that they always referring back to their chosen ESA theme and connecting their work to their artist research, developing ideas through linking meaning, subject, style and techniques.

Their own **photography** in response to artists/their theme is an important starting point to develop their ideas.







DEVELOPMENT OF IDEAS





REFINING FINAL IDEAS





Example work



ART EXAM: Wednesday 1st and 2nd May

Helpful websites: https://www.studentartguide.com/articles/how-to-analyze-an-artwork

https://www.tate.org.uk/art/art-terms

https://www.tate.org.uk/art

https://www.thoughtco.com/art-words-list-2577414

https://www.artistsnetwork.com/art-history/art-history-glossary/





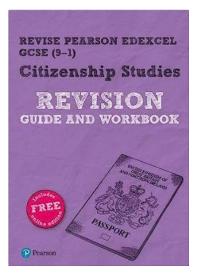
Citizenship

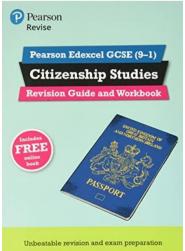


The GCSE is broken down in to five themes. These are assessed across two Papers.

Paper 1: Themes A-C only.

Paper 2: Themes A-E (All)





Pupils have all been provided with a revision guide on loan from the school.

Pupils should use the revision guide to support you with any content that they have forgotten or need to refresh their memory on.

These guides are a starting point – pupils should be revising using the methods shown to in their lessons.

Pupils have also been provided with exam questions that you should be practicing—using the model paragraphs to help them.

If they would like any feedback, please give completed exam questions to Miss Jackson.

Paper 1: written examination

△ 50% ✓ 80 marks ③ 1hr 45 mins

Assessment overview

Section A

Questions are focused on specification Theme A: Living together in the UK.

Section B

Questions are focused on specification Theme B: Democracy at work in the UK

Section C

Questions are focused on specification Theme C: Law and justice.

Section D

Extended-response questions related to two or more of specification Themes A–C.

Paper 2: written examination

△ 50% ✓ 80 marks 🕓 1hr 45 mins

Assessment overview

Section A

Questions relate to the students' own citizenship action, as specified in specification Theme E: Taking citizenship action.

Section B

Questions require students to comment on others' actions and relate to specification Theme D: Power and influence.

Section C

Questions are focused on specification Theme D: Power and influence. One question will also link to content in one of Themes A–C.

21/05/2024	Citizenship Paper 1
03/06/2024	Citizenship Paper 2



Computer Science

(J277)



This is the equivalent of 1 GCSE. There are 2 papers:

- Computer Systems
- Computational thinking, algorithms and programming

Each paper is 80 marks. Exam duration is 1 hour and 30 minutes. A cumulative score of both papers will make the students overall grade.



Useful Websites

OCR website: https://www.ocr.org.uk/qualifications/gcse/computer-science-j277-from-2020/

BBC Bitesize Computer Science: https://www.bbc.co.uk/bitesize/examspecs/zmtchbk

CSNewbs: https://www.csnewbs.com/

Seneca Learning: https://senecalearning.com/en-GB/

Craig 'n' Dave: https://craigndave.org/

Computer Science GCSE Guru: https://www.computerscience.gcse.guru/

Bits of Bytes: http://www.bitsofbytes.co/

SaveMyExams: https://www.savemyexams.co.uk/

Topics list

J277/01: Computer systems

This component will assess:

- 1.1 Systems architecture
- 1.2 Memory and storage
- 1.3 Computer networks, connections and protocols
- 1.4 Network security
- 1.5 Systems software
- 1.6 Ethical, legal, cultural and environmental impacts of digital technology

J277/02: Computational thinking, algorithms and programming

This component will assess:

- 2.1 Algorithms
- 2.2 Programming fundamentals
- 2.3 Producing robust programs
- 2.4 Boolean logic
- 2.5 Programming languages and Integrated Development Environments

Exam dates

15/05/2024	Paper 1 Computer Systems	
21/05/2024	Paper 2 Computational thinking, algorithms and	40
	programming	13



Design and Technology



Revision tips

Make flash Cards/ Mind Maps for each topic to help with last day revision

Understand the command words for exams (see below)

Practice exam questions under timed conditions Read and understand the Mark Schemes while checking your practice work.

Focus on revising Section C content.



GCSE DESIGN AND TECHNOLOGY

Specification
For teaching from September 2017 onward
For GCSC exams in 2019 onwards



Useful Websites

AQA website - https://www.aqa.org.uk/subjects/design-and-technology-8552

AQA past papers - https://www.aqa.org.uk/subjects/designand-technology/gcse/design-and-technology-8552/assessment-

resources?f.Resource+type%7C6=Question+papers

BBC Bitesize -

https://www.bbc.co.uk/bitesize/examspecs/zby2bdm

Seneca Learning: https://senecalearning.com/en-GB/

Technology Student -

https://technologystudent.com/despro_flsh/exams1.html

List of Topics.

Section A

What's assessed

New and emerging technologies Energy generation and storage Developments in new materials Systems approach to design Mechanical devices Materials and their working properties

Section B

What's assessed

Selection of materials or components
Forces and stresses
Ecological and social footprint
Sources and origins
Using and working with materials
Stock forms, types and sizes
Scales of production
Specialist techniques and processes
Surface treatments and finishes

Section C

What's assessed

investigation, primary and secondary data environmental, social and economic challenge the work of others design strategies communication of design ideas prototype development selection of materials and components Tolerances material management specialist tools and equipment specialist techniques and processes

Exam dates

18/06/2024 Design and Technology



Drama

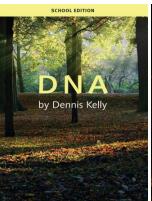


Component 3 Written Paper - 9th May 2024

Section A: Bringing texts to life (45 marks)

- 5 questions based on an unseen extract from the chosen performance text.
- Both performance and technical skills

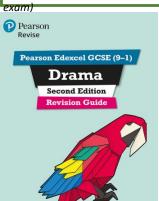
Our play is: DNA by Dennis Kelly





Section B: Live theatre evaluation (15 marks)

- 2 questions about a live theatre production you have seen.
- Allowed notes up to 500 words (must be submitted to Miss Haynes 48 hours before the





Leah	A moral character who worries about the groups actions. She is insecure and seeks Phil's attention
Phil	Phil is a controlling character and the leader for the majority of the play. He is emotionless, quiet and manipulative
Jan & Mark	Act as narrators who explain what is happening. They are always together and help in the cover up.
Richard	He first appears to be a strong character and potentially someone who is able to be a leader of the group.
Lou	She worries about the group getting caught. She follows whoever is in charge.
Cathy	A violent and remorseless character, she helps to kill Adam after he reappears
Brian	The weakest member of the group. He is bullied into covering up Adam's death and suffers a mental breakdown as a result.
Adam	Bullied by the group and is thought to be dead. When he turns out to be alive, Phil has him killed.
Danny	Danny is a strait-laced worrywart who fears that his involvement in his friends' actions will derail his future.

Bitesize

https://www.bbc.co.uk/bitesize/examspecs/zkvm2sg

· Set Text Guide by Edexcel

https://qualifications.pearson.com/content/dam/pdf/GCSE/Drama/2016/teaching-and-learning-materials/GCSE_Drama_Set_Text_Guide_DNA%20V2.pdf

· DNA learning guide

http://resource.download.wjec.co.uk.s3.amazonaws.com/vtc/2015-16/15-16_44/DNA.pdf

· DNA guide by Eduquas

https://resource.download.wjec.co.uk/vtc/2019-20/wjec19-20_1-15/eduqas/01-DNA.pdf

· The Mousetrap learning

https://d1fl2pbib0u1tq.cloudfront.net/pdf/Study%20Guides/2015-2016/IRT%20Study%20Guide%20for%20The%20Mousetrap.pdf

Topics to revise:

Performance skills, lighting design, costume design, set design, props design and stage furniture, sound



French and Spanish



What	When	Resources	How
Vocabulary Revision	15 minutes every day	 GCSE Voca bulary booklet on Satchel One Sene a AQA whole course module Quizlet – search 'AQA GCSE voca bulary' 	 Start with topics you are least confident with. Higher tier – focus on higher tier voca bulary RAG the voca bulary (red, amber, green) and focus on the red / amber words. Look, Say, Cover, Write, Check Write red/amber words on flashcards and ask someone at home to test you. Stick post-it notes with more challenging words a round your house.
Listening and Reading Practice	Half an hour twice a week	 Past papers on AQA website – type 'Spanish AQA past papers' into a search engine. Listening units on Seneca 	 Practice dictation of voca bulary and writing it down using the speaker function on Quizlet. Complete past papers or questions on topics that you are less confident with. Practice the listening on Seneca for topics you are less confident with.
Speaking practice	15 minutes every day	 Speaking booklet Booklets from previous topics Little red book Photocard booklet on Satchel One. 	 Translate the questions into English. Prepare voca bulary for each sub topic (1a, 1b, 1c, 1d etc) Use flashcards – write the question in one side and the voca bulary you will use in the answer on the other. Asksomeone at home / a friend to ask you different questions. Highlight questions that you find more challenging and practice these. Practice photo cards from the booklet on Satchel One.
Tense and verb practice	20 minutes three times a week	 Senecal earning – the verb sections www.conjuguemos .com BBC bitesize videos on different tenses. 	 Practice tenses that you are less confident with – write out the endings using Look, Say, Cover, Write, Check. For foundation – you need to know at least 5 verbs in the past and future tenses. For higher – you need to recognise all tenses and be able to use them in the writing.
Writing practice	1 hour once a week	 Writing practice questions on Satchel One. Foundation – key writing structure sheet. 	 Complete an essay from the writing practice bank. Foundation – you only need to practice Q1 (90 words). Higher – focus on Q2 (150 words) Prepare voca bulary lists for each subtopic so you are prepared for any question that a ppears. Higher – practice using the complex structures with different topics. Foundation – learn the structures on the key writing structure sheet.

14/05/2024 Fre	ench Paper 1 Foundation	
14/05/2024 Fre	ench Paper 1 Higher	
14/05/2024 Fre	ench Paper 3 Foundation	
14/05/2024 Fre	ench Paper 3 Higher	
24/05/2024 Fre	ench Paper 4	
24/05/2024 Fre	ench Paper 4	
•		

04/06/2024	Spanish Paper 1 Foundation	
/ /		
04/06/2024	Spanish Paper 1 Higher	
04/06/2024	Spanish Paper 3 Foundation	
04/00/2024	spanish Paper 5 Foundation	
04/06/2024	Spanish Paper 3 Higher	
10/00/2024	Coorieb Denoy 4 Foundation	
10/06/2024	Spanish Paper 4 Foundation	
10/06/2024	Spanish Paper 4 Higher	
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Geography

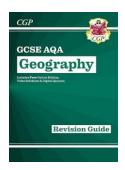


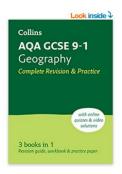
AQA GCSE Geography				
Paper One	Paper Two	Paper Three		
1 hour 30 minutes 35%	1 hour 30 minutes 35%	1 hour 15 minutes 30%		
Topics: Natural Hazards Living World Rivers + Coasts	Topics: Urban Issues Economic World Resources + Water	Topics: Issue Evaluation Fieldwork		

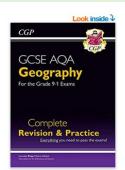
Past Papers:

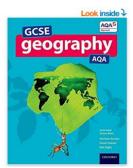
Revision World - 'https://revisionworld.com/gcserevision/geography/geography-gcse-past-papers/aqa-gcsegeography-past-papers

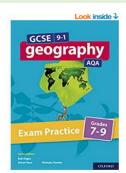
Textbooks: CGP textbooks and workbooks can be purchased through the school.











17/05/2024	Geography Paper 1
05/06/2024	Geography Paper 2
14/06/2024	Geography Paper 3



History



Revision Topics

Viking Expansion. c.750-c.1050

Life, travel, trade and warfare in the Viking age.

The Norman Conquest. 1065-1087

• 1066, the Battle of Hastings and the Norman transformation of England.

Migrants to Britain. c.1250-present

• Migration into the UK through the ages, Empire and Britain's place in the world.



 A warning from history: the experience of Germany people in Nazi Germany before and after WWII.

History around us: Osterley Park, past and present

 How local history has shaped our community – a local landmark through time.

Skills on which you should focus

- Understanding how change and continuity have ebbed and flowed over time.
- Being clear on how short-term and long-term causes blend together and cause major events.
- Being able to decide which events are more, or less significant than others in history.
- Making inferences from evidence left behind from history (sources).
- The ability to create, and sustain an argument through your writing.

Revision Links

https://www.ocr.org.uk/qualifications/gcse/history-b-schools-history-project-j411from-2016/assessment/

https://www.youtube.com/channel/UCYFJlVFdSpd-N69KU02oo7g

https://www.hoddereducation.co.uk/history/gcse/ocrshp

Exam dates		
15/05/2024	History Around Us - Written Paper	
04/06/2024	Migrants to Britain c.1250 to present with The Norman Conquest 1065- 1087	
11/06/2024	Viking Expansion c.750-c.1050 with Living under Nazi Rule 1933-1945 - Written	





Physical Education



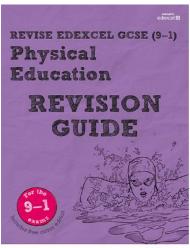
Edexcel GCSE PE

Paper 1 Wednesday 17th May 2023 afternoon session Fitness and body systems 1 hour and 30 minute duration. Topics

- Anatomy and Physiology
- Movement analysis
- Physical training

Paper 2 Thursday 8th June 2023 morning session Health, fitness and well being 1 hour and 15 minutes Topics

- Physical, emotional and social well being and health
- Sedentary lifestyle
- Diet, nutrition and hydration
- Sport psychology
- Socio-cultural influences



Pearso ISBN

9781292135120

https://thepeclassroom.com/

Seneca learning - 11C/PE1



https://www.youtube.com/c/PlanetPEgcsepe

Past papers which can be downloaded here

https://qualifications.pearson.com/en/qualifications/edexcel-gcses/physical-education-2016.coursematerials.html#filterQuery=Pearson-UK:Category%2FExammaterials

22/05/202	Pearson	1PE0 01	Physical Education	Component 1: Fitness and Body Systems
03/06/202	Pearson	1PE0 02	Physical Education	Component 2: Health and Performance

Notes

STUDY TIMETABLE

