



Student Name	
Form	

Knowledge Organisers Block A – Year 10

A Bolder future awaits...

How to Use your Knowledge Organiser

Each week for prep, you will be asked to complete:

- ➤ **Part A:** A vocabulary activity or writing task to explore and apply new key words from your knowledge organiser.
- ➤ **Part B:** Your teacher will give you an additional task connected to your subject for example a challenge task or dig deep task from your knowledge organiser.

Both prep tasks are **compulsory**, you must complete them both.

You should use your knowledge organiser (KO) to help you with your prep tasks and you should always have them in lessons on your desk.

Finally, a reminder that prep completion is your responsibility.

If at any point you are finding your prep difficult, you must tell your Subject teacher in advance of the lesson so that we can offer the help you need. This can be done via:

An email, a note in your planner, a 1:1 conversation with your teacher.

Homework Timetables - Year 10

Monday	Tuesday	Wednesday	Thursday	Friday
English	Option A	Option B	Option C	Option D
Science		Maths		

Your Option A subject is the subject you have for 4 periods per week.

This is likely to be either History, Geography, Language or Intervention. It is the subject marked with an A on your timetable e.g. 10**A**/Hi

Your Option B subject is the subject you have for 4 periods per week. This could be History, Geography, Language or a creative arts subject.

It is the subject marked with an B on your timetable e.g. 10**B**/Gg1

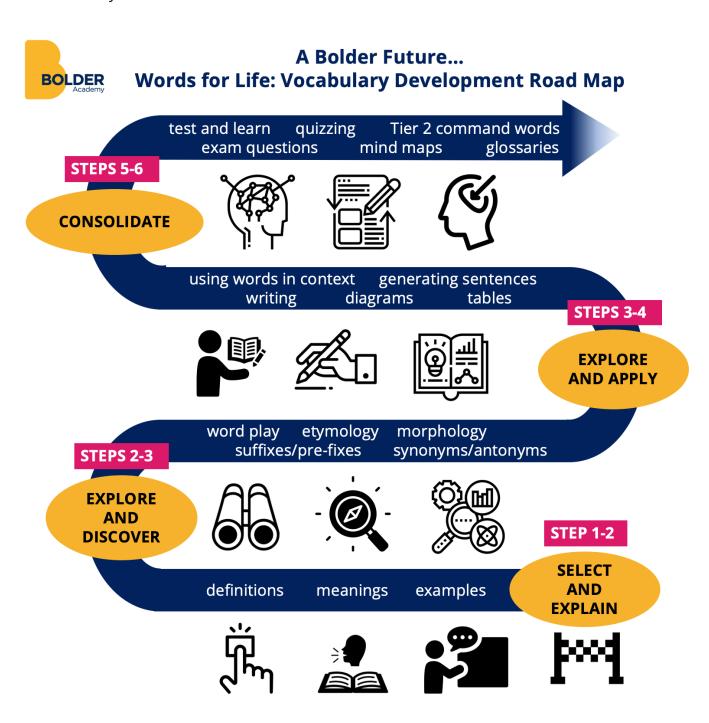
Your Option C subject is the subject you have for 3 periods per week.

Your Option D subject is the subject you have for 2 periods per week.

Words for Life at Bolder: Vocabulary Activities

Each week your teacher will set you vocabulary tasks using vocabulary from your knowledge organiser. You need to check carefully which activity your teacher has set you.

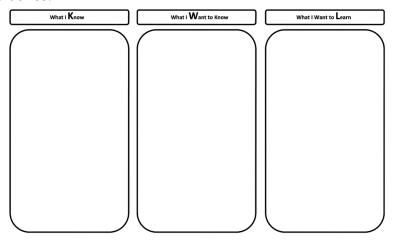
The road map shows you how you will develop your vocabulary and explains the process you go through when you learn new words. Your teacher will set you a variety of strategies leading up to the end of each cycle.



Vocabulary Homework Examples

SELECT AND EXPLAIN - KWL

Your teacher will give you a new word or topic that you are going to be learning. You need to research the word and fill in the boxes.



Your teacher will give you some new words to learn – create word maps like this to help you learn them.

SELECT AND EXPLAIN - Key words in a text

Your teacher will give you something to read at home, fill in the table to show your understanding of the key words that you find in the text:

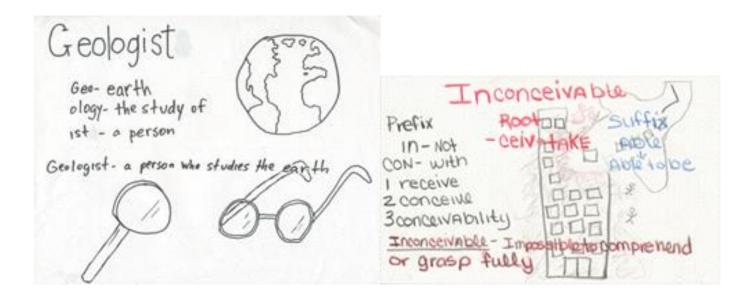
Important words	Tick if this is an	Tick if you already	Meaning of the	Use the word in a
in the text	unknown word	know this word	word	new sentence

EXPLORE AND DISCOVER - Research it, transform it, use it!

Transform it! Transform the word into an image to help you remember it.	Use it! Use the word in three different sentences that you can use in your own work:
] 1.
Take It Further!	2.
current topic?	3.
	word into an image to help you remember it. Take It Further! How does this word link to your

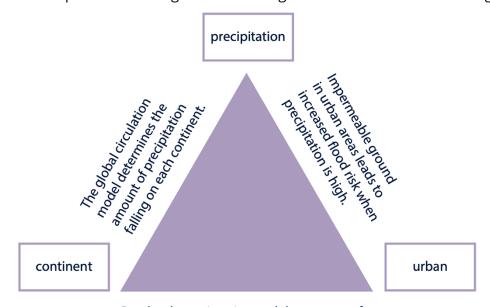
CONSOLIDATE - Vocabulary concept cards

Create vocabulary concept cards to help you revise for your topic. You could include key information, diagrams, quotations, word parts – anything that will help you remember the words.



CONSOLIDATE - Triangle Links

Your teacher will give you three key words. You need to put them into a triangle with the most important word at the top. Write a linking sentence along each of the sides of the triangle.



Rural–urban migration and the process of urbanisation is happening at a faster rate in LIDC cities (mostly in Africa, Asia, and South America).

Bolder Talk Roles for discussions in lessons

Instigator

The person who starts the discussion.

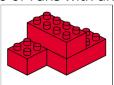


Will say:

"I would like to start by saying..."
"I think the first thing we should consider is..."
"To begin with let's talk about..."

Builder

Develops, adds to or runs with an idea.



Will say:

"I agree and I'd like to add..."
"Linking to your point..."
"Building on that idea..."

Challenger

Disagrees with or presents an alternative argument.



Will say:

"That's true, but have you considered..."
"You mentioned X but what about..."
"I hear what you're saying, but..."

Clarifier

Makes things clearer and simplifies ideas by asking questions.



Will say:

"What do you mean when you say..."
"Could you tell me more about..."
"Does that mean that..."

Prober/Questioner

Digs deeper into the argument, asks for evidence or justification of ideas.



Will say:

"What evidence do you have to support that?"
"How does that support your argument?"
"How did you come to that conclusion?

Summariser

Presents reflections on the discussion. May offer a conclusion or balanced assessment of the main points.



Will say:

"Overall, the main points covered were..."
"In summary..."

"From today's discussion, it's clear that..."

SPEAK STRONG AND WRITE BRAVELY!



"I'm stuck for something to say!" BE BRAVE

- Could you repeat the question please?
- Please could you come back to me in a minute?
- Please can I have some more thinking time?
- Could you clarify the last point please?
- Please can I have a sentence starter to help?
- Could you simplify the question for me?
- Could you give me an example?

Phrases to help you respond: BE STRONG

- I have another example of that...
- _____ said _____, but I disagree because...
- I think I can clarify that last point
- I'd like to offer an alternative answer
- To build on what ___ said,

Fillers that I SHOULD NOT USE: BE KIND

Like

isn't it that

Literally

basically

obviously

Innit

yeah

actually

These phrases are very informal and are not part of academic speech.

Answering questions – How sure are you?

Try NOT to say: 'I think that' 'My answer is' 'I don't know'

How sure are you? BE BRAVE	Statement of Claim - What point are you trying to make when you answer a question?
Almost certain!	It is certain that It seems clear that X is definitely
I'm fairly sure	It appears probable It is usually the case that In the majority of cases The results suggest it is likely that It is most likely that
Hmm	Conceivably, It is possible that Occasionally, It may be the case that The answer might behowever

SPEAK STRONG AND WRITE BRAVELY!



Academic Verbs - these are very helpful when you are analysing

Inference:

suggests implies indicates shows expresses demonstrates symbolises represents illustrates reveals signifies insinuates

Writer's purpose:

establishes creates constructs devises develops epitomises outlines encapsulates

Comparison:

contrasts contradicts
juxtaposes reinforces refers
alludes to opposes supports
develops

Discourse Markers - These are helpful in discussions and your writing

Sequencing	Contrasting and	Adding information	Concluding	Introducing evidence
Arguments	counter	and furthering	Arguments	
	Arguments	arguments		
				For instance,
To begin with	Others might argue	Many people believe	Admittedly	Such as
In the first place	Conversely	In addition to this	Certainly	Such as
First and foremost	However	Similarly	In conclusion	In the case of
Primarily	Although	Equally	Finally	As illustrated by
Firstly	On the other hand	Likewise	Consequently	As illustrated by
Secondly	Whereas	Also	Subsequently	As revealed by
Thirdly	Contrasting with	Moreover	Therefore	This can be seen
Lastly	On the contrary	What's more	Thus	
Finally	Nevertheless	Furthermore	We can conclude	when
After this it can be	In comparison	In the same way	that	This is/was
seen	Nonetheless	For example	Finally, it can be	demonstrated when
	Even though	For instance	seen	
	In contrast	Likewise	Above all	Evidence of this can
			Most of all	be found



How do we revise using knowledge organisers?

RECORD IT

Try reading information and key vocabulary out loud, record it on your phone and listen back to it!

POST IT NOTES

Use post it notes – write out as many key words, dates and facts that you can remember in a minute.

FLASH CARDS

Write the key words, dates or facts on one side and the explanation/definition on the other side. Test your memory by asking someone to quiz you on either side of the flash card.

PRACTICE

Sometimes re-writing notes and writing out key facts and information repeatedly can really help it stick.

RAG RATE

Use red, orange and green to highlight and colour code how confidently you can remember facts and key words.

RED – I need to revise the most.

AMBER – I need to go over.

GREEN – What I have mastered.

LOOK, SAY, COVER, WRITE, CHECK

LOOK at your knowledge organiser and take the information in.
SAY the facts and key words out loud.
COVER your knowledge organiser.
WRITE down everything you can remember on a blank piece of paper.
CHECK what you know and did not know.

REVISING EXAM QUESTIONS

Box the question

Observe the marks available

Line key vocabulary

Do your best (do not give up)

Extend your vocabulary

Re-read your work and your answers

READ ALOUD

Practice reading out facts, key words and information out loud – it really helps you to remember it.

SKETCH IT

Draw pictures to represent facts, words or dates. It could even be a symbol that helps you to remember a difficult word.

Q&A

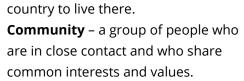
Make up questions, where the answers are on your knowledge organiser. Write different questions that will help you to remember the answers.

TEACH IT

Teach someone the facts or get someone to test you. Test someone else on the questions you would be asked.

Citizenship: Theme A: Living Together in the UK

TIER 3 VOCABULARY UK POPULATION DIAGRAM Migration – moving from one area to another. Immigration – Coming to another



Census – an official count of the population to assess changes.

ATAN

Refugee – a person who has been forced to leave their country due to war, persecution or a natural disaster.

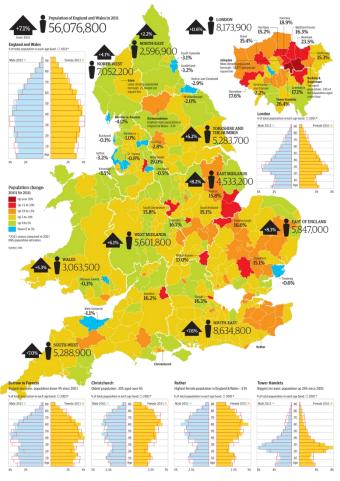
Asylum seeker – someone who claims to be a refugee but has not been assessed.

European Union – A group of European countries that work together on trade, the environment, economic issues, and social issues.

countries, that typically ex-British colonies.

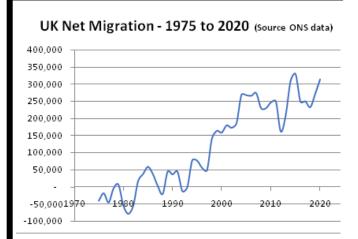
United Nations – an international organisation which encourages cooperation and peace.

Magna Carta – a charter of rights signed in 1215 by King John I and Barons.



United Kingdom Population data from the 2011 Census. The UK has a census every 10 years, with the latest census being completed in 2021.

KEY DIAGRAMS



Numbers of people migrating to Britain from 1975-2020.

How does local government work?

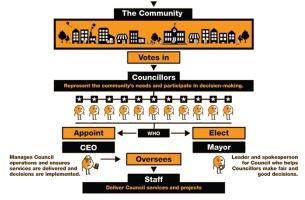


Diagram showing how local councils work.

Citizenship: Theme A: Living Together in the UK

TIER 2 VOCABULARY

1 Minority – a small part of a larger group of people.

Tolerant – open-minded/acceptant **Diversity** – the range of groups that make up society.

Economy – all of the organisations and individuals that buy and sell goods, provide services.

Identity – who or what something is or who someone is.

Discrimination – treating someone less favourable because of their colour, religion, gender, ethnicity, or disability.

Racism – disliking someone for their race or origins.

8) **Convention** – an agreement (between governments).

Declaration – a document setting out aims and intentions.

CHALLENGE

- How could we encourage more community cohesion in our local community?
- 2. Should communities be forced to integrate; or be left alone?
- 3. Is Magna Carta still relevant today?
- 4. "Local councils have no real power, so we should aboloish." Assess this view.

THEME A KEY QUOTES

"My dream would be a multicultural society, one that is diverse and where every man, woman and child are treated equally. I dream of a world where all people of all races work together in harmony."

Nelson Mandela, President of South Africa (1994-1999)



"All human beings are born with the equal and inalienable (cannot be taken away) rights and fundamental freedoms. The United Nations is committed to upholding, promoting and protecting the human rights of every individual." Universal Declaration of Human Rights.



Want a challenge? Why not read one of the following publications:

The Times
Guardian
The Spectator
New Statesman
Hounslow Herald







DIG DEEPER

Research - Follow the links to discover about:

Migration:

https://www.bbc.co.uk/bitesize/guides/z 3p4b82/revision/1

Take a look at what Hounslow Borough Council are doing:

https://www.hounslow.gov.uk/site/

Magna Carta: https://www.bl.uk/magna-carta-an-introduction

United Nations:

https://www.un.org/en/about-us

Listen - Listen to the following podcasts:

https://play.acast.com/s/departures-400-years-of-emigration-from-britain

https://play.acast.com/s/talkingmigration

Watch

Citizenship videos:

https://www.bbc.co.uk/bitesize/topics/zx hsr82/resources/1

Theme A Revision Videos:

https://www.youtube.com/playlist?list=PL2qRqbAYCgSRfl7-ixaSC V1XzfW5i3lK





Topic: Computing Block A (1-6)

(Boolean Logic, Data Storage, CPU Architecture, Programming and Algorithms)

		Tier 2 Vocabulary			Tier 3 Vocabulary
1	Analyse E	Break down in order to bring out the essential elements or structure. Identify parts and relationships, and interpret information to reach conclusions.	1	Boolean	A binary variable that can have one of two possible values (0, off) and 1 (on) CQ1
2	Variable	Not consistent, something that changes; In computing: a temporary storage location, containing a value that can change while the program is running. constant = the antonym	2	Logic Gates AND (^) NOT (v) OR (¬)	A model of computation implementing a Boolean function. CQ2 NOT AND OR
3	Annotate E	Add brief notes to a diagram, graph or code. E.g. in line 2 selection is being used.	3	Truth Table	A diagram in rows and columns showing the outputs from all possible combinations of inputs. CQ2
4	Calculate E	Obtain (give) a numerical answer showing the relevant stages in the working – e.g. calculate the measurements for a given file. Marks will be awarded for method/working.	4	Algorithmic Thinking	Creating a step by step solution to a problem. Algorithms are ways to represent this.
5	Compare E	Give an account of the similarities and differences between two (or more) items or situations, referring to both (all) of them throughout.	5	Computational Thinking	A set of problem solving methods (4 to know), to tackle problems and find a solution.
6	Convert <u>E</u>	Change the form, character, or function (the way something works) of something – e.g. convert binary to denary	6	Flowchart cq3.	A method of representing algorithms – each symbol has a specific purpose.
7	Describe E	Give a detailed account or picture of a situation, event, pattern or process. Typically 2 or 4 mark questions. State a fact and then add further detail. Aim for one sentence per mark.	7	Data Type: String Integer Character Float Boolean cq1.	A particular kind of data item, which is defined by the values that it can take. Multiple characters (e.g. text, sequence of numbers, punctuation etc.) A whole number positive or negative. A singular data item – letter, digit, symbol A decimal number As above – can take one of two possible values – e.g. True or False
8	Design: E (likely to be algorithms)	Produce a plan, simulation or model. e.g. draw a flowchart to represent a given scenario.	8	Operator	These are defined within programming language and behave generally like function. Common examples in clude arithmetic, comparison and logical operations. (+,!=, >)

<u>Key: E - exam command word C = Challenge words CQ = specific challenge question associated. EQ = exam style question Red text is hints to help avoid misconceptions and remember the knowledge.</u>



Topic: Computing Block A (1-6)

(Boolean Logic, Data Storage, CPU Architecture, Programming and Algorithms)

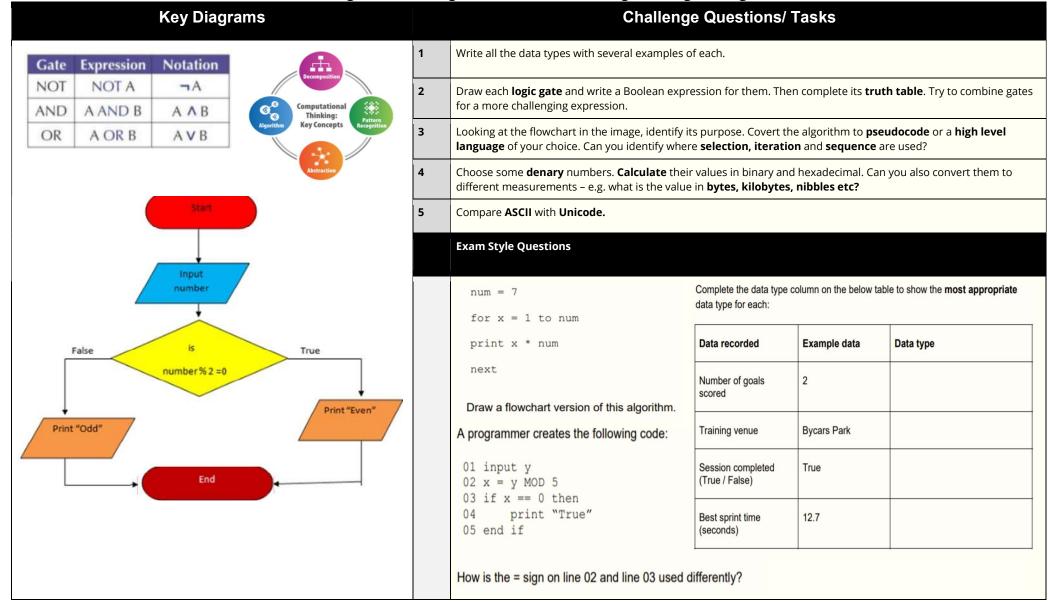
		(2001:0411 2081:0, 2001:0	<u>85, </u>	er o mi cimecetare, i	ogramming und Aigoritimis)
9	Discuss:	Offer a considered and balanced review that includes a range of arguments. Opinions or conclusions should be presented clearly and supported by appropriate evidence.	9	MOD cq3.	Gives the remainder part of division – represented with %. Whole number (integer) division, ignores the remainder, represented with a //.
10	Evaluate E	Assess the implications and limitations. Make judgements about the ideas, works, solutions or methods in relation to selected criteria. Typically longer answered questions.	10	String manipulation	Applying a function to change or evaluate your string – e.g. string.lower() converts the typed data to lowercase. Further examples can be seen in the diagram below.
11	Implications	A conclusion that can be drawn from something stated, even if not explicit (directly mentioned)	11	Programming constructs:	These form the basis for all programs.
12	Identify E	Provide an answer from a number of possibilities. Recognise and state briefly a distinguishing factor or feature (recognizing something as different). State or name mean similar. Shorter answers are normally required here.		Selection Iteration Sequence cq3.	A decision is made between choices, shown in code with if statements . Code repeats - using a for or a while loop Code follows consecutively one instruction, after the other.
13	Justify E	Give valid reasons or evidence to support an answer or conclusion. Use words such as because, as etc.	12	Units/ Measurements Bit Nibble	Binary digit – 1 or 0 4 bits
14	Valid	Reasonable and acceptable. Not to be confused with accurate.		Byte Kilobyte Megabyte	8 bits 1024 bytes 1024 KB
15	Representation	The description/portrayal of something.		Gigabye Terabyte cq4.	1024 MB 1024 GB
16	Decomposition	One of the computational thinking techniques. The breaking down of a problem to smaller more manageable parts.	13	Hexadecimal (hex = 16, dec = 10) cq4.	A base 16 number system (0-9, A-F).
17	Abstraction	Focusing on just the relevant detail and ignoring data that's not important.	14	[Extended] ASCII	Each character is represented by a 7 bit number with a 0 in front to make it up to a byte. Each character is represented by an 8 bit binary number. This gives 256 different possibilities.
18	Generalisation	Identifying patterns and applying to similarities.	15	Unicode cq5	Each letter is represented by a 16-bit or 32-bit binary number, giving twice as many character options as ASCII.
19	State [E]	In exam terms, to give an answer. A condition that something is in, in a given time (relevant to Boolean logic/ binary)	16	Character Set	the characters that are recognised or represented by a computer system

<u>Key:</u> E – exam command word C = Challenge words CQ = specific challenge question associated. EQ = exam style question <u>Red text</u> is hints to help avoid misconceptions and remember the knowledge.



Topic: Computing Block A (1-6)

(Boolean Logic, Data Storage, CPU Architecture, Programming and Algorithms)



Topic: Computing Block A (1-6)

Convert the following **8-bit binary** values into **their denary** (base 10) equivalent. You must show your working out.

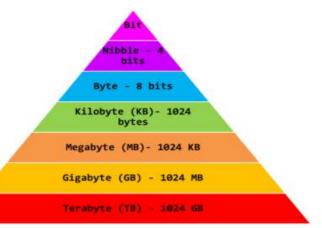
(Boolean Logic, Data Storage, CPU Architecture, Programming and Algorithms)

Key Diagrams

OCR Exam Style Questions

Function	Purpose
x.length	Gives the length of the string
x.upper	Changes the characters in the string to upper case
x.lower	Changes the characters in the string to lower case
x[i]	Gives the character in position i. Eg: x[2] = "r"
x.substring(a,b)	Gives the characters from position a with length b. Eg: $x.subString(1,2) = or$
+	Joins (concatenates) two strings together

Purpose	
ength of the string	
characters in the string to upper cas	se
characters in the string to lower cas	se
haracter in position i. Eg: x[2] = "r	13
haracters from position a with length	b.
ring(1,2) = or	
atenates) two strings together	



1000 instead of 1024 could be used when doing your conversion calculations, because you will not be allowed a calculator in your exam.

Quantity	Bytes	Kilobytes	Megabytes	Gigabytes
4 minute MP3 audio file		111111111111111111111111111111111111111	0 1 0 0 0 0 0 0	103 13
A page of ASCII text				
The name of a town				
A 45 minute DVD-quality movie clip				

	00110010, 10010011, 11000000, 00110001 (2 marks each calculation)
2	The number 84 could be represented as either a denary value or a hexadecima l value. If 84 is represented as a hexadecimal, calculate its denary value (2 marks).
3	The design of an algorithm comes from the abstraction and decomposition of a given problem. Explain how both these methods are used to identify what algorithms should be designed so that a problem can be solved (4 marks).
4	Calculate how many bytes a re in 8 kilobytes (1 mark).

Explain a limitation of ASCII (2 marks).

State and Describe 3 common built in functions (6 marks).

Select the most appropriate **measurement** and complete the table in the diagram (bottom left) (4 marks)

(Be brave, dig deep and discover) People, places, events, emotions (website links, famous people, historical, people, events). Recommended texts/websites/writers

ве
Brave
Kind
And
Strong

Jeremy's Kubica: Computational Fairytales - found here:

http://computationaltales.blogspot.com/

OCR exam Specification:

https://www.ocr.org.uk/Images/558027-specification-gcse-computer-science-j277.pdf Search 'OCR end of unit quiz followed by spec number e.g. 1.1' for sample questions!

Recommended purchases: CGP OCR Computer Science Revision Guide

00110010 10010011 1100000 00110001 (2 marks each calculation)

Revision websites:

Seneca learning:

https://app.senecalearning.com/classroom/course/a1ce4570-6e27-11e8-af4b-35cf52f905c2/section/65ac2e24-3b57-4598-b4dc-01e04eddee1b/session/start

bitsofbytes.co:

https://www.bitsofbytes.co/

BBC Bitesize:

https://www.bbc.co.uk/bitesize/examspecs/zmtchbk

YouTube:

CraigNDave. CSUK, CrashCourse Computer Science



Design and Technology - Year 10 BE STRONG Knowledge Organiser

Tie	r 2 Vocabu	lary (Exam Command Words)	Tie	Tier 3 Vocabulary				
1	Analyse	Separate information into components to identify their characteristics.	1	Automation	The use of machinery to complete tasks that were previously done by humans.			
2	Apply	Put into effect in a recognised way.	2	Robotics	The use of robot arm(s) in manufacture.			
3	Argue	Present a reasoned case.	3	Crowdfunding	A method of funding a project or raising money from large numbers of people.			
4	Compare	Identify similarities and differences.	4	Virtual media and Marketing	Includes promoting products online and sharing experiences, reviews and recommendations.			
5	Contrast	Identify differences.	5	Cooperatives	A business owned by, governed and self-managed by its workforce.			
6	Define	Specify meaning.	6 Fair Trade		A movement that aims to achieve fair and better trading conditions and opportunities that promote sustainability for developing countries.			
7	Describe	Describe Set out characteristics.						
8	Discuss	Present key points about different ideas		Sustainability	Meeting present-day needs without compromising the needs of the future.			
		or strengths and weaknesses of an idea.		Non-	Resources that will eventually run out (cannot be grown or			
9	Evaluate	Judge from available evidence.	8	Renewable Resources	replaced).			
10	Explain	Set out purpose or reasons.	9	Renewable Resources	Resources that are found naturally and can be replaced (will not run out).			
11	Identify	Name or otherwise characterise.	40	Technology	R&D of new technology or materials leads to designers using			

Technology

Market Pull

Culture

Pollution

Push

10

11

12

13

12

Justify

Name

Outline

Which

Support a case with evidence.

Give the correct title or term.

Set out main characteristics.

Select/give the correct information.

R&D of new technology or materials leads to designers using

Where products are produced and/or improved in response to

The values, beliefs, customs, and behaviours used by groups and

societies to interact with each other and the world.

substance which has harmful or poisonous effects.

The presence in or introduction into the environment of a

these to design new products.

customer needs.

B **Tier 3 Vocabulary**

manufacturing to minimise costs and maximise

Planning or designing a product to have a short life

Designing products that are more durable and have

Designing products that can be taken apart so parts

Making design decisions so that the product being

designed has reduced impact on the environment.

The impact hat design decisions have on people and

spare parts available to maintain them.

can be reused or recycled at the end of the

efficiency.

product's life.

the environment.

span.

Manufacturing

Obsolescence

Planned

Design for

Design for

Design

Disassembly

Environmental

Ethical Decisions

Maintenance

20

21

22

23

24

BE STRONG	-	Knowledge Organiser	•	Design and Technology - Yea

Tier 3 Vocabulary

Growing plants so that they can be burnt, or using

Used to generate electricity during high/peak

useful when designing and making products.

Changes colour in response to changes in

demand times in the day.

changes in its environment.

temperature.

decaying plant or animal materials to produce heat.

New materials developed to have properties that are

A material that changes its properties in response to

Changes colour in response to changes in light levels.

14	Global Warming	A gradual increase in the overall temperature of the earth's atmosphere generally due to the greenhouse effect. Using computer software to draw, design and		Fossil Fuels	A natural fuel formed from the remains of living organisms.	
				Non-Renewable Energy	Coal, natural gas, oil, nuclear.	
15	CAD	model on screen.	27 Wind Power		Wind turbines harness wind energy and convert it	
16	CAM	Manufacturing products designed by CAD>		Willia Fowei	into electricity.	
17	FMS	Production is organised into cells of machines performing different tasks.		Solar Power	Use of polar panels to harness the Sun's light energy and converting it into electricity.	
18	JIT	Materials and components are ordered to arrive at the product assembly point just in time for	29	Tidal Power	Relies on changing water levels of the tide to move turbines to generate electricity.	
		production.			Harnessing the flow of water from a reservoir to spin	
19	Lean	Production focused on reducing waste in		Hydroelectricity	turbines that are connected to generators that generate electricity.	

31

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33

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35

36

Biomass

Kinetic Pumped

Storage Systems

Modern Materials

Smart Materials

Thermochromic

Photochromic

Pigments

Pigments

Knowledge Organiser BE STRONG Tier 3 Vocabulary

Movement backwards and forwards in a straight line.

Movement round in a circle.

Movement swinging from side to side.

A mechanism that moves around a fixed point.

The fulcrum is between the load and effort.

The load is between the fulcrum and effort.

37

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41

43

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46

47

48

49

50

51

Reciprocating

Rotary Motion

1st Class Lever

2nd Class Lever

Oscillating

Motion

Lever

Motion

Design and Technology - Year 10 Tier 3 Vocabulary

opposite direction.

a heavy load.

Turning force that causes rotation.

another, each held on a shaft.

The drive gear causes the driven gear to turn in the

A system of two or more pulleys that can be used in

Transfer movement from on rotating pulley to

combination to reduce effort required to lift or move

Shape-Memory Alloys	Materials that can be bent/deformed and will return to their original shape when heated.	52	3 rd Class Lever	The effort is between the fulcrum and load.	
Composite	Combination of two or more materials that combine	53	CAMS	Changes rotary motion into reciprocating motion.	
Materials	their properties.		Linkages	Used in mechanisms to transfer force and can	
Technical	Textile materials and products that are manufactured	54	Liiilages	change the direction of movement.	
Textiles	for their technical and performance properties.	55	Reverse Motion	Changes the direction of input so that the output	
System	A diagram that breaks down an operation into its three		Linkage	goes the opposite way.	
Diagram	·		Parallel Motion	The direction of movement and magnitude of the	
	Electrical and mechanical sensors that use signals from	56	Linkage	forces are the same.	
Input Devices	the environment and convert them into signals that can be passed into processing devices.		Bell Crank Linkage	The direction of movement is turned through 90 degrees.	
Process	Takes the signal from the input stage of a system and		- 0		
Devices	act on it by changing it in some way.	58	Crank and Slider	Changes rotary movement into reciprocal movement.	
Output Devices	Takes the signal from the process device of a system and turns it back into a physical (real world) signal.		Linkage	endinger retaily movement into reciprocal movement	
Output Devices					
Mechanism	A device that changes an input motion into a different output motion.	59	Treadle Linkage	Used rotary input to turn a crank on a fixed pivot.	
		60	Coon Troin	A mechanism that transmits rotary motion and	
Linear Motion	Movement in a straight line.	60	Gear Train	torque.	

61

63

64

Torque

Pulley

Belt Drives

Simple Gear Train

Block and Tackle

Example Exam Questions

Design and Technology - Year 10

BE BOLD, DIG DEEP AND DISCOVER

65	State two reasons why prototyping is beneficial. (2 marks)		Find out more about the AQA GCSE Design and Technology specification:		
66	Explain why some people are in favour of renewable energy sources. (2 marks)		GCSE Design and Technology Specification Specification for first teaching in 2017 (aqa.org.uk)		
67	Explain why cams and followers are used. (1 mark)		Test your knowledge and revise using Seneca Learning:		
68	Give 5 specification points for a children's toy. (5 marks)	72	Seneca - Learn 2x Faster (senecalearning.com)		
	The product below is a wind up torch used by people who hike.	73	Test your knowledge and revise using Mr Hadley's Quizlet Sets: Learning tools and flashcards - for free! Quizlet		
		74	Listen to some revision podcasts on apple podcasts: Revise - GCSE Design Technology on Apple Podcasts		
69	Specification:	75	Revise using BBC Bitesize: GCSE Design and Technology - AQA - BBC Bitesize		
	 Lightweight. Battery charged by winding the handle. Waterproof. Portable. 	76	Practice your technical drawing skills using the Bolder D&T YouTube channel. Go to the GCSE drawing skills playlist:		
	Evaluate the torch in terms of:		https://www.youtube.com/channel/UCxJbos3MpuHuC_r8Yl2 moWg		
	a. Suitability for the user. (4 marks)b. Aesthetics. (4 marks)c. Functionality. (4 marks)d. Ergonomics. (4 marks)				
70	What is fair trade and why do some people view it as more ethical? (2 marks)				

Theatre Roles and responsibilities

For Component 1, Section A, you need to be able to answer multiple choice questions about how a theatre works, identifying theatre roles and the responsibilities of different theatre makers.

Component 1 Section A

THEATRE CREATORS

 Writes the script of the 				
olay, including dialogue and				
stage directions.				

Playwright

BEFORE REHEARSALS

• Prepares the script

DURING REHEARSALS

· Learns lines and blocking

IN PERFORMANCE

Appears before an

audience and performs

Performer

- · Appears in a production, e.g. as an actor, dancer, singer.
- Creates a performance or assumes a role on stage in front of an audience.
 - Understudy
- Learns a part, including lines and movements.
- Takes over a role if there is a planned or unexpected absence.
- their role(s). **DURING REHEARSALS**
- Learns the role(s) they are covering.
 - IN PERFORMANCE
- Is prepared to 'go on' in case of an absence.

Director

- · Oversees the creative aspects of the production.
- Develops the 'concept' for the production.
- Liaises with designers & stage manager.
- Rehearses the performers gives notes and agrees blocking.

BEFORE REHEARSALS

- Reads and studies the play decides concept.
 - · Casts performers.

DURING REHEARSALS

· Rehearses performers.





CREW

Stage Manager

- Runs the backstage elements of the play and supervises the backstage crew.
- Organises the rehearsal schedule.
- · Keeps a list of props and other technical needs.
- · Creates a prompt book.
- Calls the cues for the performance.

DURING REHEARSALS

- · Creates rehearsal schedules and props list.
- Notes blocking and creates prompt book.

IN PERFORMANCE

- Ensures the smooth running of the show.
- 'Calls' the show by announcing cues to cast and technicians.

1		
(QET UE)		
	23 spaces Mr airsins to your healthin.	
502	KENT Takes her you and me to know you better.	@
5021	a courtee for I shall study distancing. accordance He both been not nine years, and away he	Man I
	staff against The King in counting.	
107	Sound a sense. Enter our houring & comme!	ScI2
	Enter King Lose, Coronall, Albary, Courtel, Regar, Cardelin, and attractions: They become for the	INSEP
	At a Armed the lards of France and Burgardy, Cleans-	KHIZOSH T
	on conterns I shall, see less.	CARL SPINISH
	Econe Cinecter and Edward	10000
	· Mountine we shall express our darker purpose.	Street S
41 10 2-0	Give not the map there: Excer that we have divided to be more kingdom, and 'to mer fast instead	3.5005
V 50 5-33	To shake all cares and business from our age,	7777
	 Confering them on promptr strengths; while we Unbanded travel toward death four son of Generall— 	
	. And you, our to less living use of Albany -	
	We have this hour a constant will to publish: — Our doughnest several downs, that future strills	
-	May be prevented new/The prisons, France and	
	() Burgardy,	0
	Great rivals in our youngest doughter's love, -: Long in our most have made their assesses minute,	(9)
	And here are to be sowered Tell me, my daughters, Since now we will direct us both of rule,	-500-100
	. Interest of territory, cares of stars,	
La9 -	2) Which of you shall we my doth later or most;	
R-00-7	That we say largest bounty may extend 3: Where nature dish with morit challenge. Generall,	1
50.31	Ole clies bon, speak fest.	Section 1
		1

Technician

· Operates the technical equipment, e.g. lighting and sound boards, during a performance.

DURING REHEARSALS

• Run the technical elements during technical and dress rehearsals.

IN PERFORMANCE

· Operates the technical equipment, e.g. sound board.

Dig Deeper Questions

Which roles do you think will have to work closely together? Why are communication skills so important for each of these roles? Which role do you think would be the most challenging role? Why? Which role do you think is the most important? Why?

DESIGNERS

Set Designer

- Designs the set of the play and the set dressing (objects placed on the stage).
- · Provides sketches and other design materials.
- · Oversees the creation of the set.

BEFORE REHEARSALS

- · Researches the play/context.
- · Develops set design ideas.

DURING REHEARSALS

· Ensures the set is built and operates correctly.

Costume Designer

- Designs what the performers wear on stage.
- · Makes sure that costumes are appropriate for the style and period of the piece.
- Ensures the costumes fit the performers.

BEFORE REHEARSALS

- · Researches the play/context.
- Develops costume design ideas.

DURING REHEARSALS

Organises costume fittings for performers.



 Designs the sound required for the performance, this might include music and sound effects.

Sound Designer

- Considers if amplification e.g. microphones are needed.
- Creates the sound plot.

BEFORE REHEARSALS

- Researches the play/context.
- Develops sound design ideas.

Creates plot sheets and cues for the sound.



DURING REHEARSALS



Lighting Designer

- Designs the lighting effects and states that will be used.
- · Understands the technical capabilities of the theatre.
- · Creates the lighting plot.

BEFORE REHEARSALS

- Researches the play/context.
- · Develops lighting design ideas.

DURING REHEARSALS

 Creates plot sheets and cues for the lighting.

Puppet Designer

- · Designs the puppets for a production.
- · Considers the style of the puppets and how they will be operated.

BEFORE REHEARSALS

- Researches the play/context.
- Develops puppet design ideas.

DURING REHEARSALS

 Makes and provides puppets for rehearsals.

THEATRE STAFF

Theatre Manager

 Runs the theatre building, including overseeing the Front of House staff.

IN PERFORMANCE

Oversees the operation of Front of House and box office.

Front of House Staff

- audience members can buy/collect their tickets.
- Ushers: look after the audience inside the auditorium.

IN PERFORMANCE

- Sell programmes and • Box Office: where show memorabilia. Show audience
 - members to their seats.
 - Assist audience members with any problems.



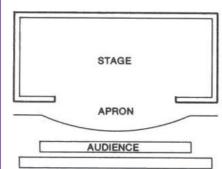
In Component 1, Section A you could be asked questions about different staging configurations. You may also find it useful when creating your Component 2 & 3 performances to experiment with staging types.

Proscenium Arch: Common in large theatres and opera houses. The

proscenium refers to the frame around the stage; the area in front of the arch is called the apron. The audience faces one side of the stage directly and may sit at a lower height or on tiered seating.

Advantages:

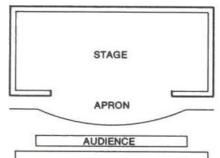
- Stage pictures are easy to create, as the audience look roughly at the same angle.
- Backdrops and large scenery can be used without blocking sightlines.
- There is usually fly space and wings for storing scenery.
- The frame around the stage adds to the effect of a fourth wall; creating a self-contained world.





Disadvantages:

- Some audience members may feel distant from the stage.
- The auditorium could feel formal and rigid.
- Audience interaction may be more difficult.

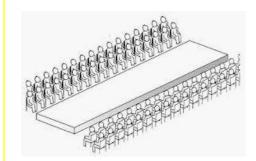


Traverse: The acting area is a long central space and the audience sits on two sides facing each other. This type of staging can feel like a catwalk show.

Advantages:

- The audience feel very close to the stage as there are two long front rows.
- Audience members can see the reactions of the other side of the audience.
- The extreme ends of the stage can be used to create extra acting areas.





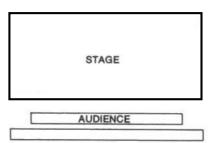
Disadvantages:

- Big pieces of scenery, backdrops or set can block sightlines
- The acting area is long and thin, which can make some blocking challenging.
- Actors must be aware of making themselves visible to both sides of the audience.

End On: This is similar to proscenium arch, as the audience faces one side of the stage directly and may sit at a lower height or on tiered seating. However, it doesn't have the large proscenium or apron. Our studio is set up as end on.

Advantages:

- · The audience all have a similar view.
- Stage pictures are easy to create.
- Large backdrops or projections may be used.





Disadvantages:

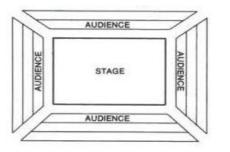
- Audience members in the back rows may feel distant from the stage.
- It doesn't have the proscenium frame, which can enhance some types of staging.
- It may not have wings or a fly area.

In the Round: The stage is positioned in the centre of the audience and the audience are seated around all areas of the stage. The stage/audience can either be curved (creating a circle), or more like a square or rectangle. There are usually several 'tunnel-like' entrances, these are called vomitories.

Advantages:

- The audience is close to the stage as there is an extended first row.
- The actors enter and exit through the audience which can make them feel more engaged.
- There is no easily achieved fourth wall separating the audience from the actors - it is easy to interact with them.





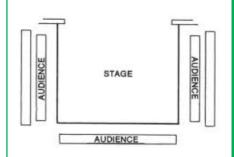
Disadvantages:

- · Designers cannot use backdrops or flats as they would obscure the view of the audience.
- Stage furniture has to be chosen carefully so that audience sightlines aren't blocked.
- · Actors must continually move around so that the audience can see them and critical interactions.

Thrust: When the stage in front of the proscenium protrudes into the auditorium, so that the audience are sitting on three sides. This is one of the oldest types of staging; Greek amphitheatres and Elizabethan theatres like Shakespeare's Globe are both types of thrust stages

Advantages:

- As there is no audience on one side of the stage, backdrops, flats and large scenery can be used.
- The audience might feel closer to the stage – there are 3 front rows.
- Fourth wall can be achieved while having the audience close to the action.





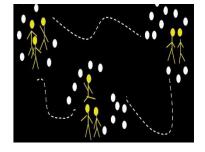
Disadvantages:

- Audience members in the back rows may feel distant from the stage.
- It doesn't have the proscenium frame, which can enhance some types of staging.
- It may not have wings or a fly

Promenade: The performance areas are set in various locations in a venue. Promenade means 'to walk' and the audience follows the action on foot, moving from one performance area to another. Promenade staging is often used in site specific performances (a performance in a location that is not a conventional theatre, e.g. a street, a warehouse)

Advantages:

- Interactive style of theatre where the audience feels involved.
- No set changes or need for movement of big bulky items.
- Enables audience to be more engaged as they move from one piece of action to the next.





Disadvantages:

- The audience may find moving around the space difficult or might get tired.
- Actors and or crew need to be skilled at moving the audience around and controlling their focus.
- There can be health and safety





GCSE Command words



Components 1, 2 & 3

Characteristics of Performance Texts

Tier 2 Word	Meaning			
Analyse	Look at the information provided and break it down to identify and interpret the main points being raised.			
Describe	Set out the characteristics of something.			
Evaluate	Make a judgment from the evidence available.			
Explain	Set out purposes or reasons.			
How	State in what ways			
Name	Identify correctly.			
What	Specify something.			
Why	Give a reason or purpose.			

Tier 3 Word	Meaning				
Genre	The type of story being told, e.g. tragedy, comedy.				
Structure	The way a piece of drama is put together.				
Style	The way in which the drama is performed, e.g. naturalistic.				
Form	A form is the method you select to tell your story and explore themes when presenting your work, e.g. mime, physical theatre.				
Subtext	An underlying and often distinct theme in a piece of drama.				
Dramatic climax	The most intense/ exciting part of something.				
Interaction	Communication or direct involvement with someone or something.				
Stage directions	an instruction in the text of a play indicating the movement, position, or tone of an actor, or the sound effects and lighting.				

Dig Deeper Research

Theatre roles:

https://www.bbc.co.uk/bitesize/guides/zhx3pg8/revision/1
Staging:

https://www.bbc.co.uk/bitesize/guides/zjwp2sg/revision/1 Stage positioning:

https://www.bbc.co.uk/bitesize/guides/zm2yt39/revision/1

Stanislavski:

https://www.bbc.co.uk/bitesize/guides/zxn4mp3/revision/1

Brecht and Epic Theatre:

https://www.bbc.co.uk/bitesize/guides/zwmvd2p/revision/1 Berkoff:

https://www.bbc.co.uk/bitesize/guides/znn4vk7/revision/2 Physical theatre:

https://www.bbc.co.uk/bitesize/guides/ztfk6sg/revision/1



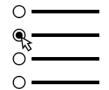
Component 1 – Section A – Multiple choice questions

Q1 (1 mark) Focuses on the **different theatre roles**. You will be asked to identify who would take on a specific role in the theatre.

Q2 (1 mark) Focuses on **suitable staging**. You will be asked to identify types of staging, their layout, or what they are used for.

Q3 (1 mark) Focuses on **types of stage**. You will be asked to look at an image and identify what type of stage is shown.

Q4 (1 mark) Focuses on **stage positioning of props and set**. You will be asked to look at an image and identify where a specific prop or item of set is positioned on stage.



PERFORMANCE SKILLS

For the GCSE course, you are required to have a thorough knowledge of a wide range of performance skills, so that you can write about how they can/ have been used as well as being able to use them yourself.

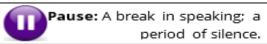
Components

1, 2, 3

VOCALS



High Pitch: How high or low your voice is.



Volume: The loudness or quietness of your voice.

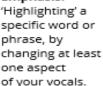


Diction: The clearness of your voice - the audience being able to understand what you are saying.

Power: The amount of tension in your voice. This is not the same as 11111111 volume - you can have large vocal power at a low volume.

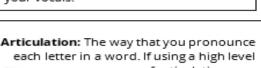
Accent: The way words are pronounced in a local area or country. E.g. Liverpudlian, R.P. 'lordie', Irish, American South.

Emphasis:



Pace: The speed that

you speak at.



each letter in a word. If using a high level of articulation, you would pronounce every letter in every word.

PHYSICALITY



Direction: The position you face or move in.



Gait: The way that you walk.

Tension: How tightly you are holding your muscles.



Pace: The speed that you move at.



Control: Being able to execute a specific and precise movement.



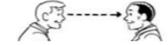
Gesture: A movement (of the head, arm, hand, leg or foot which communicates a specific meaning.

Facial Expression: Using your face to show how a character is feeling



Posture: The way that you sit or stand; the alignment of your spine. Your physical stance, which conveys information about your character.

Eye Contact: Choosing to look at a specific performer, object, audience member or direction.





Dig Deeper Questions

How could you use vocal skills to communicate subtle changes to a character's emotions? How could you use physical skills to communicate subtle changes to a character's emotions? Which do you think is the most important vocal skill? Why? Why do you need to change your characterisation depending on the style of the play?

How can eye contact change the meaning communicated? How might adding a pause change the meaning of a line? Which do you think is the most important physical skill? Why? What makes a successful performance?

Year 10 – English - Block A: *An Inspector Calls* by J. B. Priestley

	Tier 2 key vocabulary			Tier	3 key vocabulary	Dramatic devices			
1	Responsibility	being accountable or to blame for something.	1 s	socialism	a theory of social organization which advocates that the means of production, distribution, and exchange should be owned or regulated by the community.	1	stage directions	instructions in the script of a play that tell actors how to enter, where to stand, when to move, and how to speak etc.	
2	hierarchy	a system in which members of an organization or society are ranked according to relative status or authority.	2 c	capitalism * · · · · · · · · · · · · · · · · · · ·	an system in which a country's trade and industry are controlled by private owners for profit, rather than by the state.	2	dramatic irony	when the full significance of a character's words or actions is clear to the audience or reader although unknown to the character.	
3	conscience	a person's moral sense of right and wrong, viewed as acting as a guide to one's behaviour.		Bourgeoisie	the capitalist class who own most of society's wealth and means of production.	3	cliff-hanger	a shocking revelation at the end of a scene or act.	
4	exploit	treating someone unfairly in order to benefit from their work.		Collectivist	the practice or principle of giving a group priority over each individual in it.	4	setting	the time and place during which the play takes place.	
5	social class	the way that society is divided by money and occupation.	5 ii	ndividualist	someone who believes we are solely responsible for ourselves.	5	tension	a growing sense of expectation within the drama.	
6	vulnerable	exposed to the possibility of being attacked or harmed, either physically or emotionally.	6 p	oatriarchy	a system of society or government in which men hold the power and women are largely excluded from it.	6	foreshadowing	a warning or indication of a future event.	

Year 10 - English - Block A: *An Inspector Calls* by J. B. Priestley

7 prejudiced having or showing a dislike or distrust that is derived from prejudice; bigoted.

7 Juxtaposition two things being seen or placed close together with contrasting effect.

	Characters
The Inspector	Priestley's mouthpiece; advocates social justice
Mr Birling	Businessman, capitalist, against social equality
Mrs Birling	Husband's social superior, believes in personal responsibility
Sheila	Young girl, comes to change views and pities Eva, feels regret
Eric	Young man, drinks too much, regrets actions
Gerald	Businessman, engaged to Sheila, politically closest to Birling
Eva	Unseen in play, comes to stand for victims of social injustice

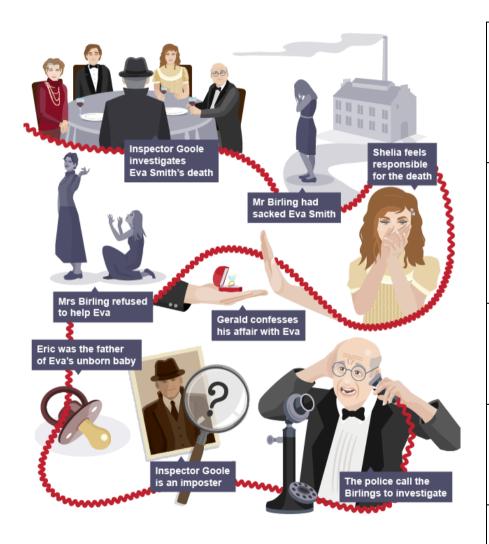
KEY THEMES



	CHALLENGE TASKS
1.	The play was written in 1945, but set in 1912. What is the significance of these dates?
2.	Which political system do you think is better for society? Socialism or Capitalism? Justify your answer.
3.	What influenced Priestley to write the play?
4.	'We are all responsible for one another.' Do you agree/disagree with this statement and why?
5.	Who is The Inspector?
6.	Why is the play a 'well-made' play?
7.	What does the ending of the play represent?

PLOT SUMMARY

BE BRAVE, DIG DEEP AND DISCOVER



EXPLORE: Visit https://www.bl.uk/works/an-inspector-calls and read the articles about I.B. Priestley and his play.





WATCH:

The BBC adaptation of the play: https://www.bbc.co.uk/iplayer/episode/p02z80kg/aninspector-calls





REVISE:

Brush up on your knowledge and understanding of the play:

https://www.bbc.co.uk/bitesize/topics/zpr639a





CREATE:

Re-write a 2021 version of the play!





READ: Critical and Academic Reading Lists

Broaden your knowledge of the play, context and characters.

https://tinyurl.com/28f8ndfx https://tinyurl.com/5fz5v6bx





GCSE Food and Nutrition Knowledge Organiser

		Tier 2 Vocabulary		Tier 3 Vocabulary			
1	Cuisine	Cuisine is a style of food characteristic to a particular country or region, where the food has developed historically using distinctive ingredients, specific preparations and cooking methods or equipment, and presentation or serving techniques	13	Marketing	is identifying consumers' needs and wants, and using that information to supply consumers with products that match their needs and wants. In addition, the food products need to generate sales and profits for food retailers. These are methods used to promote a food product to a consumer.		
2	Nutrition Labels	Nutrition labels on food packaging are required by law in the UK. They are often displayed as a panel or grid on the back or side of packaging.	14	The antioxidant vitamins	ACE is a good way to remember the antioxidant vitamins, Vitamins A, C and E which protects the body		
3	A balanced diet	A balanced diet provides all the nutrients in the correct amounts to meet individual needs.	15	Vitamin A	is an antioxidant vitamin and is found in the plant sources of vitamin A. These include: Carrots, Sweet potatoes, Tomatoes, Apricots, Mango, Broccoli		
4	The 5 segments of the Eatwell Guide	The Eatwell Guide is divided into five segments: Fruit and vegetables 40% Potatoes, bread, rice, pasta and other starchy carbohydrates 38% Beans, pulses, fish, eggs, meat and other proteins 12% Dairy and alternatives 8% Oils and spreads 1%	16	Vitamin C	is an antioxidant vitamin and is found in: Citrus fruits (e.g. lemons, oranges, grapefruit) Blackcurrants, Tomatoes Broccoli, Lettuce, Red and green peppers All fresh fruit and vegetables in different amounts		
5	Emulsifiers	Oil and water do not mix. When an emulsifier is added, they mix and do not separate. Emulsifiers are used in mayonnaise and ice cream. One important emulsifier is lecithiin (E322)	17	Vitamin E	is an antioxidant vitamin and is found in: Sunflower oil, Wheatgerm, Nuts, Cereals and Eggs		
6	Biological raising agent	Yeast is a biological raising agent. It is a living plant (a type of fungus).	18	Food security	Food security is about ensuing that all people, at all times, have access to enough safe and nutritious food required for an active, healthy life.		
7	Peeling	Many fruit and vegetables are peeled before they processed into food products. A variety of mechanical methods are used. Tomatoes	19	Extracting juice	The fruit and vegetables are first finely chopped and then mashed into pulp. The pulp is then pressed and the juices may be filtered to remove solids bits. Chemicals will be		

are scalded with boiling water or steamed to
loosen their skins and then brushed to
remove it. Acid solutions are used to remove
and destroy enzymes that will make the fruit
turn brown

added to remove any cloudiness. The juice will then be pasteurized and sealed into cartons.

Dig Deeper

Check out the following:

https://www.bbc.co.uk/bitesize/topics/zrdtsbk/resources/1

Resources

AQA GCSE Food Preparation and Nutrition Past Papers
www.learnyay.co.uk/food-preparation-and-nutrition/aga/

QFL: What are nutrients and why do we need them?

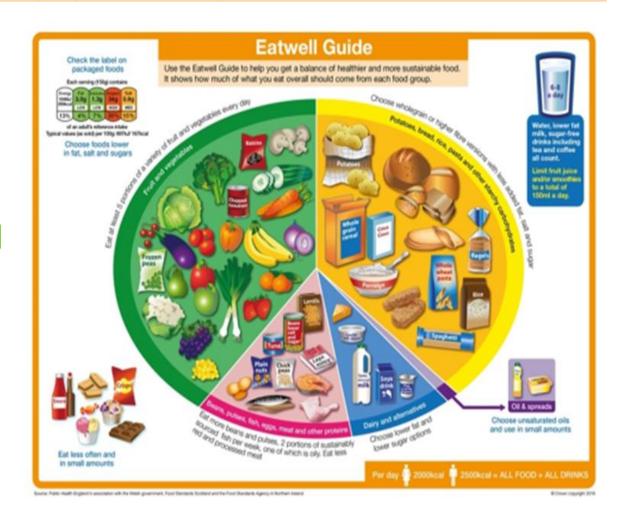
The table below lists some common foods.

Tick the nutrient columns to show which nutrients each food contains a lot of. Food Carbohydrate Vitamins Minerals Fats & Oils Fibre Water bread cereals cheese chips eggs fish fruit meat milk pasta vegetables









Y10 French Knowledge Organiser – Block A

IDENTITY & CULTURE - Family Relationships







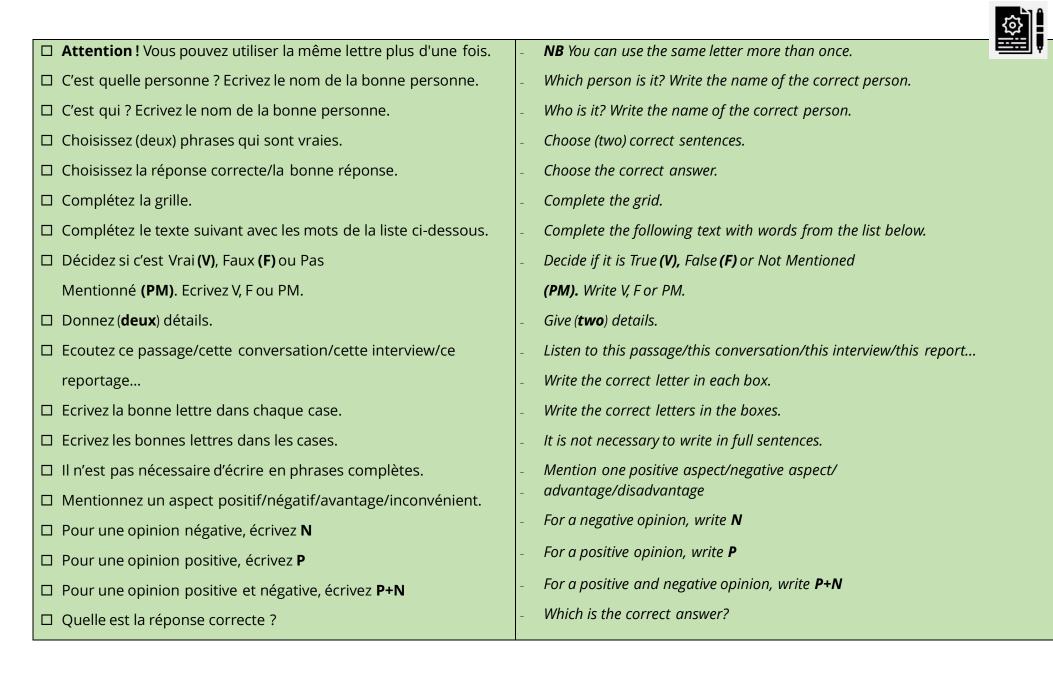
1. Tu vis avec qui?	You live with who?	Who do you live with ?
2. Je vis avec ma mère et mon beau-père	I live with my mum and my handsome-dad	I live with my mum and my step-Dad
3. mes deux frères at ma sœur		my two brothers and my sister
4. Tu t'entends bien avec ta famille?	You yourself hear well with your family?	Do you get on with your family?
5. Oui, je m'entends bien avec ma mère	Yes, I myself hear well with my mum	Yes, I get on well with my mum
6. parce qu'elle est plus gentil <u>le</u>	because she is more kind	because she is kinder
7. que mon beau-père	than my handsome-dad	than my step-dad
8. qui est assez sévère		who is quite strict
9. surtout si je sors avec mes copains		especially if I go out with my friends
10. avant de faire mes devoirs.	before of to do my homeworks.	before doing my homework.
11. Je vois rarement mon père.	I see rarely my dad.	I rarely see my dad.
12. Je ne m'entends pas bien avec lui	I myself hear not well with him	I don't get on well with him
13. vu qu'il n'est pas très drôle.	seen that he is not very funny.	given that he is not very funny.
14. Je pense que mes frères sont plus agréable s	I think that my brothers are more pleasant	I think my brothers are nicer
15. que ma sœur		than my sister
16. car je la trouve	as I her find	as I find her
17. un peu paresseu <u>se</u> .		a bit lazy.
18. Par exemple, elle ne fait jamais la vaisselle.	For example she does never the washing up.	For example she never does the washing up.
19. Et c'est quoi, un bon ami, pour toi ?	And it is what, a good friend, for you?	What is a good friend, for you?
20. Ma meilleur e copine s'appelle Lucie	My best friend herself calls Lucie	My best friend is called Lucie
21. et on ne se dispute jamais	and one each other argues never	and we never argue with each other
22. étant donné qu'on se connait	being given that on each other knows	given that we've known each other

23. depuis longtemps.	since long time	for a long time
24. Nous avons les mêmes gouts.		We have the same tastes
25. Par exemple, le weekend dernier	For example the weekend last	For example last weekend
26. nous sommes allées à un concert	we are gone to a concert	we went to a concert
27. et c'était vraiment sensass!		and it was really sensational!
28. Qu'est-ce que tu vas faire le weekend prochain ?	What is it that you are going to do the weekend next?	What are you going to do next weekend?
29. Le weekend prochain je vais	The weekend next I'm going	Next weekend I'm going
30. faire de la natation avec mes copains.	to do some swimming with my friends	to go swimming with my friends
IDENTITY & CULTURE - Free Time acti	vities 💮 📜	
31. Qu'est-ce que tu as fait ?	What is it that you have done ?	What did you do?
32. J'ai fait de l'équitation avec ma belle- sœur	I have done of the horse-riding with my beautiful-sister	I went horse-riding with my step-sister.
33. J'avais peur parce que l'année dernière je me suis tombée	I had fear because the year last I myself am fallen	I was scared because last year I fell off.
34. J'ai vu un dessin animé	I have watched a drawing animated	I watched a cartoon.
35. Je l'ai trouvé un peu enfantin	I it have found a bit childish	I found it a bit childish.
36. Je suis arrivé au cinéma en bus	I am arrived to the cinema in bus	I arrived at the cinema by bus
37. Après avoir fait du patinage*	after to have done some ice-skating	After having gone ice-skating
38. J'ai joué du violon dans un concert	I have played some violin in a concert	I played the violin in a concert.
39. Après être rentré du concert*	after to be returned from the concert	After having returned from the concert
40. j'ai nagé à la piscine pendant deux heures	I have swum to the pool during two hours	I swam in the pool for two hours.
41. Samedi, je suis allé au bord de la mer avec mes copains.	Saturday, I am going to the side of the sea with my friends	On Saturday, I went to the seaside with my friends
42. Normalement, je préfère la piscine, mais pour une fois on est allés au bord de la	Normally, I prefer the pool but for one time one is gone to the side of the sea	Normally, I prefer the pool, but for a change, we went to the seaside

mer

43. C'était bien, j'ai joué au foot et au badminton sur la plage	It was well, I have played to the football and to the badminton on the beach	It was good, I played football and badminton on the beach
44. et, enfin, on s'est baignés aussi	and, finally, one himself is batheds also	and, finally, we swam as well.
45. Qu'est-ce que tu as fait dimanche ?	What is it you have done Sunday?	What did you do on Sunday?
46. Dimanche, je suis allé au stade pour voir un match de rugby.,	Sunday, I am going to the stadium for to see a match of rugby?	On Sunday, I went to the stadium to see a rugby match
47. Mon équipe préférée a fait match nul contre Toulouse	My team preferred has done match rubbish against Toulouse	My favourite team drew against Toulouse
48. alors on n'a pas gagné mais on n'a pas perdu non plus! Quel joli match!	so, one has not won but one has not lost no more. Which pretty match!	so, we didn't win but we didn't lose either. What a good match!
49. Le week-end prochain je vais faire des magasins à Bordeaux.	The weekend next I am going to do some shops to Bordeaux.	Next weekend, I am going to go shopping in Bordeaux
50. Ma copine va m'aider à choisir des cadeaux d'anniversaire pour ma mère et ma sœur.	My friend is going me to help to choose some presents of birthday for my mum and my sister.	My friend is going to help me to choose some birthday presents for my mum and my sister
51. Samedi, j'ai fait la grasse matinée	Saturday, I have done the fat morning	On Saturday, I had a lie in
52. Ensuite, j'ai rangé ma chambre et j'ai fait la lessive	Next, I have ranged my bedroom and I have done the laundry	Next, I tidied my room and I did the laundry
53. Tant pis, c'était marrant !	So much worse, it was funny!	Never mind, it was funny!
54. Dimanche, j'ai fini mes devoirs de maths, quelle barbe !	Sunday, I have finished my homework of Maths, what beard!	On Sunday, I finished my Maths homework, what a pain!
55. Nous avons promené le chien, comme d'habitude	We have walked the dog, like usual	We walked the dog, as usual
56. Le weekend, je n'avais pas le droit de sortir	The weekend, I did not have the right of to go out	At the weekend, I wasn't allowed to go out
57. à cause de mes mauvaises notes au lycée.	to cause of my bads grades to the school.	because of my bad grades at school.
58. J'ai dû rester à la maison	I have had to stay to the house	I had to stay at home
59. où j'ai feuilleté des BDs	where I have flicked through some BDs	where I flicked through some comic books.
60. La télé ne me dit rien.	The TV doesn't me say anything.	TV doesn't interest me.

→ The following is a guide to the sort of rubrics and instructions which will be used in **Section B of the Listening and Reading exams**.



	IMPERFECT	PERFECT	PRESENT	NEAR FUTURE	SIMPLE	CONDITIONAL	**Subjunctive
	was doing/	did/	do/am doing	am going to do	FUTURE	would do	
	used to do	have done			will do		
AIMER	j'aimais	j'ai aimé	j'aime	je vais aimer	j'aimerai	j'aimerais	
			tu aimes				
			il/elle aime				
			nous aimons				
			vous aimez				
			ils/elles aiment				
ECOUTER	j'écoutais	j'ai écouté	j'écoute	je vais écouter	j'écouterai	j'écouterais	
JOUER	je jouais	j'ai joué	je joue	je vais jouer	je jouerai	je jouerais	
MANGER	je mangeais	j'ai mangé	je mange	je vais manger	je mangerai	je mangerais	
FINIR	je finissais	j'ai fini	je finis	je vais finir	je finirai	je finirais	
ATTENDRE	j'attendais	j'ai attendu	j'attends	je vais attendre	j'attendrai	j'attendrais	
ALLER	j'allais	je <mark>suis</mark> allé <mark>(e)</mark>	je vais	je vais aller	j'irai	j'irais	il est rare que
			tu vas				j'aille
			il/elle/on va				
			nous allons				
			vous allez				
			ils/elles vont				
AVOIR	j'avais	j'ai eu	j'ai	je vais avoir	j'aurai	j'aurais	
	il y avait		tu as		il y aura		
			il/elle/on a				
			il y a				
			nous avons				
			vous avez				
ETDE	1164-1-	:/-:	ils/elles ont	::- ^-		:	latina and
ETRE	j'étais	j'ai été	je suis	je vais être	je serai	je serais	bien que ce
	c'était		tu es		ça sera	ça serait	soit
			il/elle/on est				
			c'est				

			nous sommes vous êtes ils/elles sont				
FAIRE	je faisais il faisait	j'ai fait	je fais tu fais il/elle/on fait nous faisons vous faites ils/elles font	je vais faire	je ferai	je ferais	il faut que je fasse
PRENDRE	je prenais	j'ai pris	je prends	je vais prendre	je prendrai	je prendrais	
VENIR	je venais	je <mark>suis</mark> venu <mark>(e)</mark>	je viens	je vais venir	je viendrai	je viendrais	
BOIRE	je buvais	j'ai bu	je bois	je vais boire	je boirai	je boirais	
VOIR	je voyais	j'ai vu	je vois	je vais voir	je verrai	je verrais	
LIRE	je lisais	j'ai lu	je lis	je vais lire	je lirai	je lirais	
DEVOIR	je devais	j'ai dû	je dois	je vais devoir	je devrai	je devrais	
POUVOIR	je pouvais	j'ai pu	je peux	je vais pouvoir	je pourrai	je pourrais	
VOULOIR	je voulais	j'ai voulu	je veux	je vais vouloir	je voudrai	je voudrais	



Quelle surprise! (What a surprise!) Quel dommage! (What a pity/shame!) Quel cauchemar! (What a nightmare!) Ouel désastre! (What a disaster!) Zut alors! (Oh no!) Tant pis! (Tough luck!) Ce n'est pas juste! (It's not fair!)

Opinions

C'est la vie! - (That's life!)

Je pense que – (I think that) le crois que (1 believe that) Je dirais que – (I would say that) Je ne supporte pas – (I can't stand) l'adore - (I love) le déteste (I hate) Je dois dire que- (I must say that)

À mon avis - (From my point of view)

Connectives

Et (and) Cependant (however) Donc (Therefore/as a result) Aussi (also) Mais (but) En plus (in addition) Parce que (because) Vu que (given that)

Questions Et toi? (And you - informal?) Et vous? (And you -

Est-ce que tu aimes...? - (Do you like...?) Est-ce tu vas à? - (Do you go to?) Qu'est-ce que tu en penses? - (What do you think about that?)

Tu dirais quoi? (What would you say C'est comment...? - (What is Like?)

ber-cool Phrases

Soyons honnêtes - (Let's be honest) Mon ami dit que- (My friend says that) J'ai toujours aimé- (I have always liked) Comme tout le monde le sait- (As everyone Il est nécessaire d'être/d'avoir - It is necessary to

Use **EQUATACO-**Speak more fluently

Adverbs:

ly in English = -ment in French

Totalement: totally Absolument: absolutely Franchement: frankly/really Normalement: normally Actuellement: Currently (Mal)heureusement: (un)fortunately

Adjectives

-ique = ic (English) athlétique (athletic) artistique (artistic) excentrique (eccentric) fantastique sarcastique romantique

différent/e (different) évident/e (evident) excellent/e

arrogant/e élégant/e Important/e

Tenses

PAST Je suis allé(e) a + infinitive (I went to + inf) PRESENT I'aime + infinitive (I like + inf)

FUTURE Je vais + infinitive (I'm going to + inf

GCSE-style Challenge Questions: Answer in French



- 1. Aimerais-tu passer plus de temps en famille? Pourquoi?
- 2.Pensez-vous qu'il est important d'avoir des frères et sœurs? Pourquoi?
- 3. Que préfères-tu faire dans ton temps libre?
- 4. Tu t'entends bien avec ta famille? Pourquoi?
- 5. Aimerais tu te marier? Pourquoi?



(Be brave, dig deep and discover)



Recommended texts/websites/writers



French Vocabulary Learning:

→ Ouizlet.co.uk

→ Senecalearning.com → French KS4 → French AQA (For Bilingual students and Challenge)



- → https://www.duolingo.com Select **French** as the language you want to learn → The app is also available
- → https://www.memrise.com/courses/english/french/

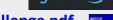








French culture:

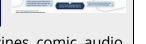






lyricstraining





- → https://www.britishcouncil.org/sites/default/files/the great french language challenge.pdf
- → https://lyricstraining.com/fr → The app is also available
- → https://www.culturetheque.com/exploitation/GBR/accueil-portal.aspx → LOTS AND LOTS of FREE French magazines, comic, audio books, articles and film guides.

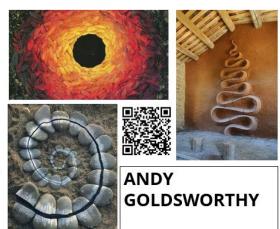
GCSE and NCFE Art Knowledge Organiser – Year 10 – Block A

		Tier 2 Vocabulary			Tier 3 Vocabulary
1	Expressive	Effectively conveying thoughts or feelings. Where the process and style of creation is emphasised rather than the final product. Expression in art might be seen in bold colour, or gestural mark making.	13	Monochromatic	Having only one colour. Descriptive of work in which one hue, perhaps with variations of value and intensity, predominates.
2	Genre	Often refers to different types of art work having a particular form, content, technique ie still life genre, a realistic style of painting using everyday life as subject material	14	Avant-Garde	Avant-garde ideas, styles, and methods are very original or modern in comparison to the period in which they happen.
3	Perspective	Refers to the use of a mathematical system to represent three dimensional space on the two dimensional surface of a drawing or painting.	15	Chiaroscruro	An Italian term which refers to the use of the dramatic contrast of light and dark in a painting.
4	Stylised	To conform you're working process to a particular style. To work only in a manner that has a particular identity.	16	Conceptual	An art form in which the underlying idea or concept and the process by which it is achieved are more important than any tangible product.
5	Analyse	To examine in depth, study thoroughly, question, investigate and consider your own opinion or visual investigation of something.	17	En Plein Air	The French term for paintings completed out of doors.
6	Apply	To use knowledge, skills and understanding and to employ appropriate techniques when developing and progressing ideas.	18	Frottage	The process of making rubbings through paper of objects or textures underneath.
7	Demonstrate	To show, exhibit, prove or express such things as subject specific knowledge, understanding and skills.	19	Sgraffito	(in Italian "to scratch") A decorating pottery technique produced by applying layers of colour or colours to leather hard pottery and then scratching off parts of the layer(s) to create contrasting images, patterns and texture and reveal the clay colour underneath.
8	Identify	To recognise links and associations between things such as sources and connections with personal work, accounting for choices and decisions made.	20	Installation Art	A term used to describe large scale assemblages or constructions of mixed media, often designed for a specific site or space.
9	Refine	To improve, enhance and change elements of your work for the better.	21	Maquette	A small scale model or rough draft of an unfinished sculpture.

10	Develop	To take forward, change, improve or build on an idea, theme or starting point.	22	Minimalism	A style that uses pared-down design elements (uncomplicated, kept purposefully simple).
11	Research	To study in detail, discover and find information out.	reaction to the horrors and folly of the war, in which to work produced is often satirical and nonsensical. 24 Cubism A movement in modern art that emphasised the		An art movement formed during the First World War in reaction to the horrors and folly of the war, in which the work produced is often satirical and nonsensical.
12	Response	To produce personal work generated by a subject, theme, starting point, or design brief.	24	Cubism	A movement in modern art that emphasised the geometrical depiction of natural forms.
13	Annotation	Annotations are written explanations or critical comments added to art or design work that record and communicate your thoughts.	25	Photorealism	A genre of art that encompasses painting, drawing and other graphic media, in which an artist studies a photograph and then attempts to reproduce the image as realistically as possible in another medium.
In re	<u>Challenge Questions</u> In response of an artist's work:		26	Post Impressionism	An art movement at the end of the nineteenth century that followed on from Impressionism and included Cezanne, Gauguin and van Gogh.
	•		27	Realism	Representing a person, location or thing in a way that is accurate and true to life.
	makes you thir 2. In what ways w	ould you render the subject differently?	28	Still Life	One of the principal genres (subject types) of Western art – essentially, the subject matter of a still life painting or sculpture is anything that does not move or is dead.
2	3. What is your opinion of the artwork? Why?4. What do you think other people would say about this artwork? Why?5. How does it inspire you? Does it remind you of anything?		29	Surrealism	A movement in art and literature that flourished in the early twentieth century. Surrealism aimed at expressing imaginative dreams and visions free from conscious rational control.
	How might you	night you respond to it through photography or art?		Vorticism	An art movement formed by British artists in 1914 in response to the ideas of the modern world originally developed by the Futurists.











THE COLOR WHEE L

ds light to a be seen. It is nputer monitors and or spectrum used en & blue are the ry colours for RGB but are

secondary to CMYK.

active print. The primary colours are cyan, magenta, yellow & black. C,M&Y are the secondary colours to RGB.













Hue is the colour. It is the dominant wavelength. A hue can have different values, tints, shades and neutrals.









is the lightness or darkness of a hue. It is very important as it creates CONTRAST!

CONTRAST

Contrast is the varying levels of value. The higher the contrast, the higher the legibility.

SINULTANEOUS CONTRAST

Putting colors side by side can alter our perception of a colour. Simultaneous Contrast is the effect of this interraction.



LEGIBLE





RED

Danger, love, passion, blood.

& stimulates energy. Associated with important signs such as STOP! As well as Aids and the Red Cross

Nature, fertility, balance. learning and arowth.

the ocean, sky, Associated with nature, the

 \mathbb{Q} Tranquil, clean, \mathbb{Q} Youth, water, \mathbb{Q} Harmony, love, sky, turquoise. Associated with Symbol of

Popular for

© jewellery &

youthful

feminine, spiritual. Sunshine, joy, Creative color, Attracts insects, heightens intuition Creative color, Signature color for tivity and muscle anti-bullying campaign Pink Shirt Day and

Associated with NYC cabs. Post-its, hard





Artists inspired by natural forms:

Artists Inspired By Nature - Secrets of Green - A **Destination for Urbanists**

9 Amazing Artists to Inspire Nature-Related Art Projects - The Art of Education University

Art and Artists | Tate

Home - National Portrait Gallery (npg.org.uk)

Paintings | The National Gallery, London

What's on | Kew

Wildlife Photographer of the Year 56 exhibition | Natural History Museum (nhm.ac.uk)

What's On · Exhibitions. Events & Courses · V&A (vam.ac.uk)

Using annotation - Annotating your work -GCSE Art and Design Revision - BBC Bitesize

KS4 Art and Design Knowledge Organiser (padlet.com)

6 SIMPLE STEPS FOR RESEARCH

You will gain valuable marks by producing high quality artist research for each of your art projects



CHOOSE AN ARTIST RELEVANT TO YOUR PROJECT

Your chosen artist may be linked to your project through subject matter. materials or ideas. Make sure you explain the connection in your research pages.



USE THE INTERNET, BOOKS & VISITS



Use a variety of sources for your research if possible: magazines and books as well as visits can support your research. Remember to put your research into your own words no copying!



Include information on:

- when the artist lived or was born (dates)
- where the artist worked or works
- what kind of art they made or make
- any other facts that help you understand their artwork

ANALYSIS OF IMAGES

Make notes on at least one of the artworks by your chosen artist. Think about how they have used:

- line, tone, shape, texture, colour
- composition, repetition
- position (is it a site specific work?)
- scale (how big it is in reality)
- mood (how it makes the view feel)
- subject matter



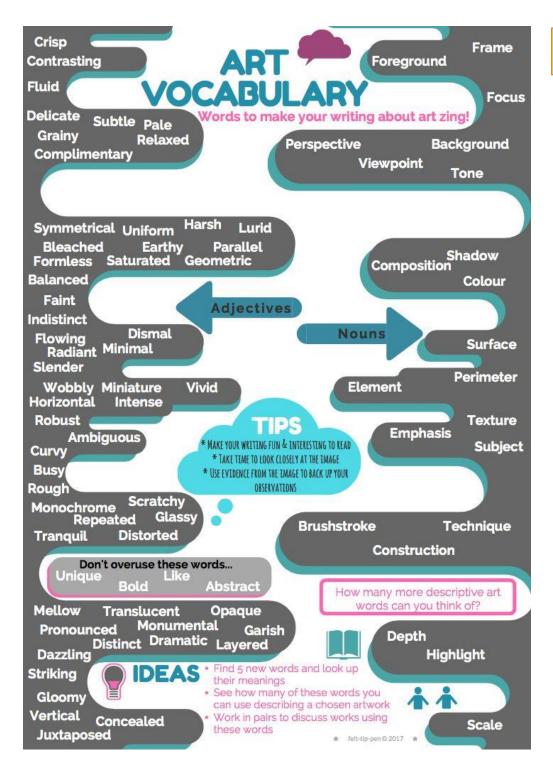
Use key vocabulary to explain your own thoughts on the artists work (don't just say 'I like it')



Create your own high quality practical response to the artist's work





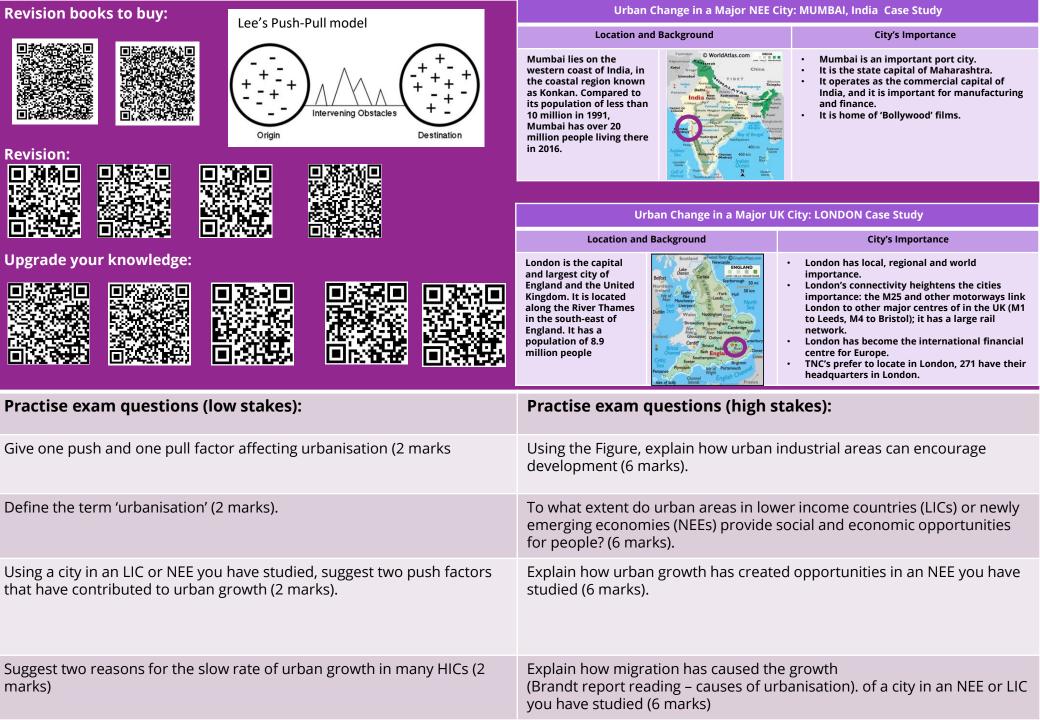


STUDENT EXAMPLES

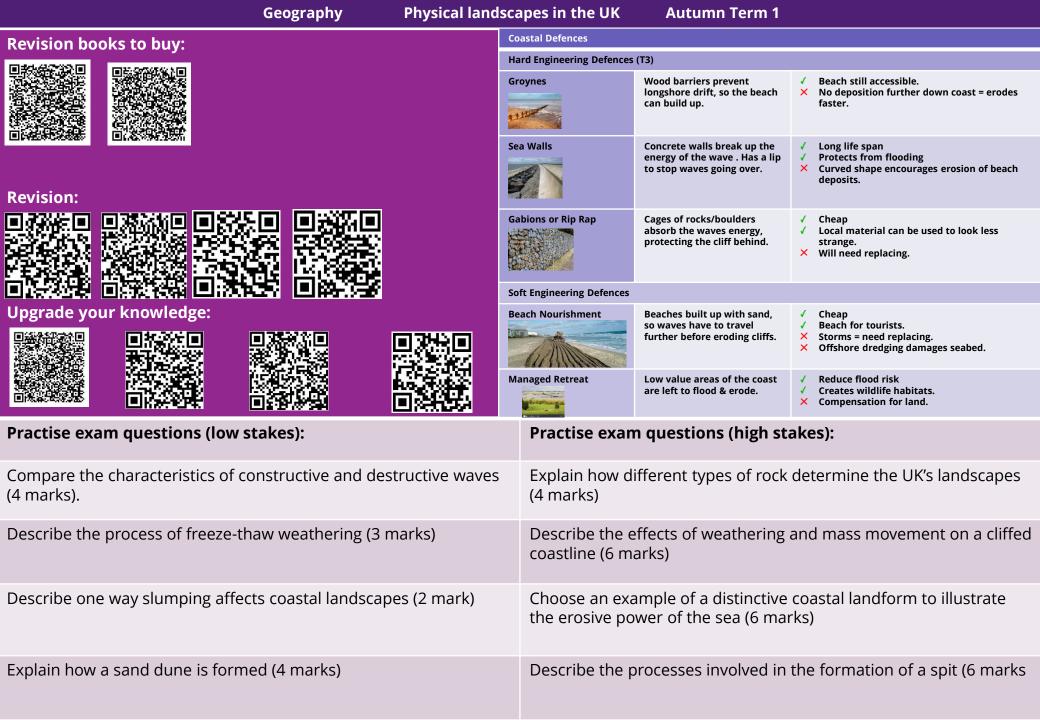




		Ge	eography Urban	issues	and challeng	es Autumn Term 1
Tier 2 wo	rds			Tier 3 wor	ds	
1	Dereliction	Abandoned buildings and wa	asteland.	1	Brownfield site	Land that has been used, abandoned and now awaits some new use. Commonly found across urban areas, particularly in the inner city.
2		Chances for people to impro through employment.	ve their standard of living	2	Greenfield site	A plot of land, often in a rural or on the edge of an urban area that has not yet been subject to any building development.
3 Inequalities		and education. Inequalities r	and wealth, as well as in ss to things like jobs, housing may occur in housing provision, open land, safety and security.	3	Mega-cities	An urban area with a total population in excess of ten million people.
4 Integrated transport systems		When different transport methods connect together, making journeys smoother and therefore public transport more appealing. Better integration should result in more demand for public transport and should see people switching from private car use to public modes of transport, which should be more sustainable. It may also lead to a fall in congestion due to less road users		4	Migration	When people move from one area to another. In many LICS people move from rural to urban areas (rural-urban migration).
5	Pollution The presence of chemicals, noise, dirt or other substances which have harmful or poisonous effects on an environment.		5	Natural increase	The birth rate minus the death rate of a population.	
Comman	d word	Definition	Sentence starters	6	Rural-urban fringe	A zone of transition between the built-up area and the countryside, where there is often competition for land use. It is a zone of mixed land uses, from out of town shopping centres and golf courses to farmland and motorways.
Describe		Set out characteristics.	The social/economic/environmental effects were The feature/landform is The process is The process works by From the photo, I can see The trend of the graph is	7	Social deprivation	The degree to which an individual or an area is deprived of services, decent housing, adequate income and local employment
•				8	Social opportunities	Chances for people to improve their quality of life, for instance access to education and health care.
Compare	:	Identify similarities and differences	One similarity is One difference is	9	Squatter settlement	An area of poor-quality housing, lacking in amenities such as water supply, sewerage and electricity, which often develops spontaneously and illegally in a city in an LIC.
			However On the other hand Alternatively	10	Urbanisation	The process by which an increasing percentage of a country's population comes to live in towns and cities. Rapid urbanisation is a feature of many LICs and NEEs.
Explain ①	<u>⊚</u>	Set out purposes or reasons.	This happens because This demonstrates This is caused by	11	Urban regeneration	 The revival of old parts of the built-up area by either installing modern facilities in old buildings (known as renewal) or opting for redevelopment (ie demolishing existing buildings and starting afresh).
⊞I	: =		Therefore This will result in	12	Urban sprawl	The unplanned growth of urban areas into the surrounding countryside.
To what extent		Judge the importance or success of (strategy, scheme, project) On the one hand, is successful or important To some extent This is not successful or important becauseFor example because However, the scheme/project is	13	Sustainable urban living	A sustainable city is one in which there is minimal damage to the environment, the economic base is sound with resources allocated fairly and jobs secure, and there is a strong sense of community, with local people involved in decisions made. Sustainable urban living includes several aims including the use of renewable resources, energy efficiency, use of public transport, accessible resources and services.	
			positive or successful because Evidence for this is	14	Urban greening	 The process of increasing and preserving open space such as public parks and gardens in urban areas



1		An extensive area of land regarded as being visually and physically distinct.		1	Abrasion (or corrasion)	The wearing away of cliffs by sediment flung by breaking waves	
2			gh a small headland. This begins nd, which is gradually widened ugh.	2	Attrition	Erosion caused when rocks and boulders transported by waves bump into each other and break up into smaller pieces	
3		The zone of deposited materia water line to the limit of storm be divided in the foreshore and	waves. The beach or shore can	3	Beach nourishment	The addition of new material to a beach artificially, through the dumping of large amounts of sand or shingle.	
4		Occurs when material being tra due to the sea losing energy.	insported by the sea is dropped	4	Bar	Where a spit grows across a bay, a bay bar can eventually enclose the bay to create a lagoon. Bars can also form offshore due to the action of breaking waves.	
5		The wearing away and removal such as a breaking wave.	of material by a moving force,	5	Beach profiling	Changing the profile or shape of the beach. It usually refers to the direct transfer of material from the lower to the upper beach or, occasionally, the transfer of sand down the dune face from crest to toe.	
6	1	Ripples in the sea caused by the transfer of energy from the wind blowing over the surface of the sea. The largest waves are formed when winds are very strong, blow for lengthy periods and cross large expanses of water		6	Chemical weathering	The decomposition (or rotting) of rock caused by a chemical change within that roc sea water can cause chemical weathering of cliffs	
Command word		Definition	Sentence starters	7	Transportation	The movement of eroded material.	
Describe		Set out characteristics.	The social/economic/environmental effects were The feature/landform is The process is The process works by From the photo, I can see The trend of the graph is	8	Soft engineering	Managing erosion by working with natural processes to help restore beaches and coastal ecosystems.	
Compare		Identify similarities and differences One similarity is One difference is However On the other hand Alternatively		9	Hard engineering	The use of concrete and large artificial structures by civil engineers to defend land against natural erosion processes	
Explain		Set out purposes or reasons. This happens because This demonstrates This is caused by Therefore This will result in		1 10	Headlands and bays	A rocky coastal promontory made of rock that is resistant to erosion; headlands lie between bays of less resistant rock where the land has been eroded back by the sea.	
To what extent		success of (strategy, scheme, project)	On the one hand, is successful or important To some extent This is not successful or important becauseFor example because	11	Longshore drift	The zigzag movement of sediment along a shore caused by waves going up the beach at an oblique angle(wash) and returning at right angles(backwash). This results in the gradual movement of beach materials along the coast.	
				12	Hydraulic power	The process by which breaking waves compress pockets of air in cracks in a cliff. The pressure may cause the crack to widen, breaking off rock.	
/ [200	However, the scheme/project is positive or successful because Evidence for this is	13	Mechanical weathering	Weathering processes that cause physical disintegration or break up of exposed rock without any change in the chemical composition of the rock, for instance freeze thaw.	

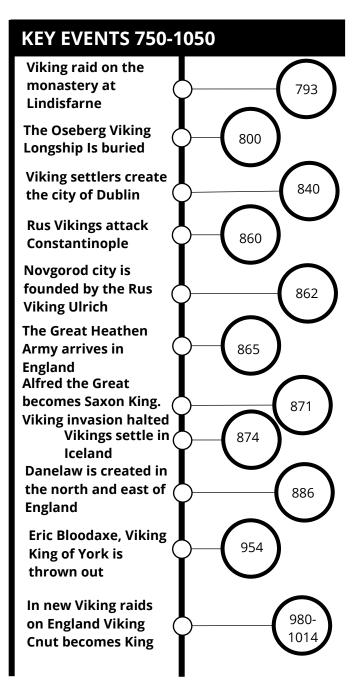


History - Unit 1: Viking Expansion 750-1050

TIER 3 VOCABULARY Viking - People from Scandinavia who went 'Viking' or raiding by sea. **Dane -** Vikings mainly from Denmark or Norway who traded and settled west. Rus - Vikings mainly from Sweden who traded and settled east. Norse - A name linked to the people of Scandinavia, especially Norway. Midgard - Viking name for earth - means middle place or middle earth. Yggdrasil - A sacred ash tree at the centre of the Viking universe. **Skald -** A Viking poet and mystic. Runes - Viking writing. Runestones - Stone engraved with Viking writing in runes. Oral tradition – Historical stories which are passed on by word of mouth only. Saga – Stories written in Iceland about اعيينيور(12) Vikings after the end of the Viking age. Assembly - Like a parliament or council. Thing - Local assemblies where Viking 14) freemen met to make decisions. **Althing -** A yearly great thing (assembly) 15**) நூ**in Iceland. Geld - A type of tax paid by Saxons. **Danegeld -** Protection money paid by Saxons to bribe Vikings not to attack them Mint - A place where coins are made.

Chronicle - A written record of the past.

The Viking World Viking Settlements Viking Trade routes Territories and voyages **Viking Gods Key words:** Deity - A God **Pagan** - Person who believes in more than one god. **Heathen -** Person who does not accept a religions that says there is only one God. Asgard - Where the Viking Gods lived. The Gods Odin - Viking chief god Thor – God of thunder Lightning and Law 🕍 Frey - God of weather and good forting (8) Freya – Goddess of love and magic



History - Unit 1: Viking Expansion 750-1050

TIER 2 VOCABULARY

Archaeologist – Study the past by finding and studying remains.

2 Aristocrat – A noble person, such as a Lord, Duke or Earl.

(3) 🌇 Bazaar - A market.

4 Cultivable – land suitable for growing crops.

5) Culture - A way of life.

6 Fertile – Productive land e.g. crops grow quickly and easily.

Estuary – The mouth of the river, where the river meets the sea.

Fjord - Deep sea estuaries along the coast of Scandinavia and Greenland.

Monastery – The home of a group of monks.

Scandinavia – Term for modern day Denmark, Norway and Sweden.

11) 🔣 **Tactics** – Plans of attack

Wharf – A wooden platform on a river/the sea built for ships to tie up to

The Eastern World

Abbasid – Family that ruled Baghdad and the Muslim world 750-1258

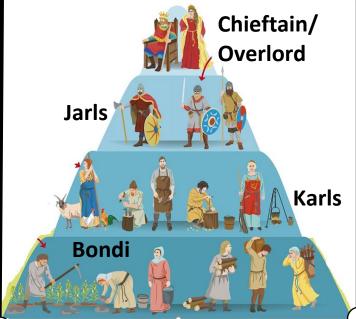
2 **Byzantine** – Byzantine Empire – capital city at Constantinople (modern Istanbul)

3) **Caliph –** title of a Muslim ruler

(4) **Caliphate –** are ruled by a Muslim Caliph

5) **Dirham -** An Arabic gold coin

Viking society



Thrall - Slave

Vassal - A person who swore loyalty to an Overlord

(3) **Eddas –** Viking folk stories

Amber – A hard orange substance made from fossilised tree resin. Often used to make jewellery.

Housecarl – A professional warrior who fought in a Lord or king's bodyguard

Berserker – A ferocious Viking warrior who wore a bear-skin in battle.

(7) **Lid** - A fighting unit in an Overlord's army

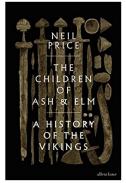
8 **Loom -** A machine for weaving cloth

Norns – Three female creatures who controlled fate (past, present, future). Held everyone's string of life.

Hel – Place where evil creatures e.g. trolls, lived according to Viking belief.

DIG DEEPER

Borrow the books below from the school library!





Listen - Listen to the following History podcasts!

- 1) Histories of the Unexpected: Vikings!

 Scan the top QR code
- 2 Valkyrie: Warrior Women of the Viking World Scan the second QR code
- 3) Vikings: River Kings- Scan the third QR code
- 4) The History of the Vikings (series) Scan the fourth QR code
- (5) **Vikings in America** Scan the fifth QR code
- 6 Vikings: A History of Northmen Scan the sixth QR code

Watch these TV series

The Last Kingdom - Netflix

Vikings - Amazon Prime





















Maths - Year 10: Autumn Term (September to December)

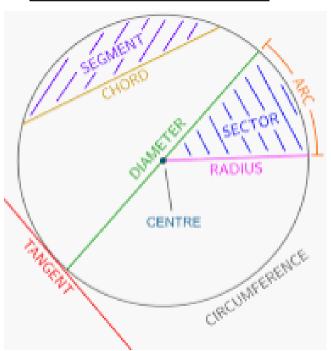
	Circle theorems	Probability	Developing algebra
Autumn	Circle theorems Review of angles Deriving circle theorems Using circle theorems to find missing angles	Probability	Developing algebraic thinking Manipulating expressions Understand the difference between expressions, identities, equations More quadratic equations Linear and non-linear inequalities Finding solutions to non linear simultaneous equations Recurring decimals

TIER 2 VOCABULARY

TIER 3 VOCABULARY

1	Bisect	Cut in half	1	Radius	A segment whose endpoints are the center of a circle and a point on the circle
2	Congruent	Same shape and size, but we are allowed to flip, slide or turn	2	Chord	A segment whose endpoints are 2 points on a circle
3	Intersect	To cross over (have some common point)	3	Secant	A line that intersects a circle in 2 points
4	Equidistant	The same distance (from each other, or in relation to other things)	4	Diameter	A chord that passes through the center of a circle
5	Recurring	Something that happens over and over again	5	Tangent	A line that intersects a circle in exactly 1 point
6	Prove	To show using evidence that something is true	6	Semicircle	An arc whose endpoints are the endpoints of a diameter. It has a measure of 180°
7	Substitute	Replace the letters with their values	7	Concentric Circles	Circles with the same center
8	Circle	A round plane figure whose boundary (the circumference) consists of points equidistant from the center	8	Inscribed	A polygon is inscribed in a circle if its sides are chords of the circle
9	Justify	Explain why something is reasonable or appropriate	9	Circumscribed	A polygon is circumscribed about a circle if its sides are tangent to the circle
10	Outcome	Something that follows as a result or consequence	10	Combination	A technique that determines the number of possible arrangements in a collection of items where the order of selection does not matter
11	Arrange	Place each item in a particular place or location	11	Permutation	A combination where the order of selection matters
12	List	Write things down or say them one after the other	12	Expression	Phrase that combines numbers and/or variables using mathematical operations
13	Sort	Put items into different groups based on what they are like	13	Identity	An equation which is always true, no matter what values are substituted
14	Plot	Graphical technique for representing a data set, usually as a graph showing the relationship between two or more variables	14	Equation	A mathematical statement consisting of an equal symbol between two algebraic expressions that have the same value

USEFUL DIAGRAMS



USEFUL WEBSITES FOR REVISION

Khan academy

https://www.khanacademy.org/math

Dr Frost

https://www.drfrostmaths.com/

Corbett Maths 5-a-day

https://corbettmaths.com/5-a-day/gcse/

Maths Genie

https://www.mathsgenie.co.uk/papers.html

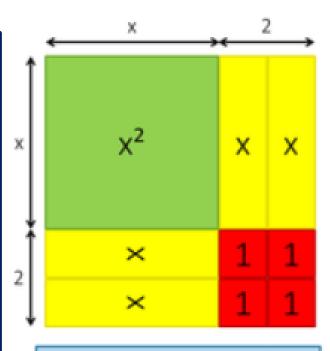
Eedi

https://eedi.com/

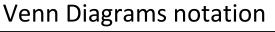
BBC Bitesize

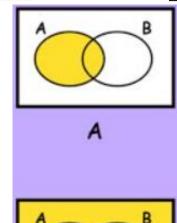
https://www.bbc.co.uk/bitesize/examspecs/z9p3m

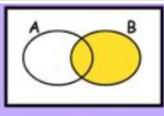
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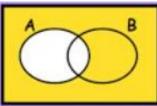


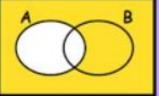
 $x^2 + 4x + 4 = (x + 2)^2$



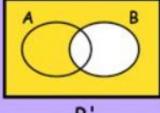


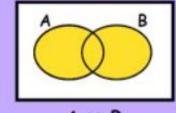


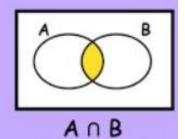




Complement of A







Complement of B

AUB A union B

A intersect B

ETYMOLOGY

Number	Greek Prefix	Latin Prefix	Examples
0, zero		Nul-	Null, nil
1, one	Mono-	Uni-	Monotone, unicycle, uniform
2, two	Di-	Bi-, du-	Bicycle, bisect, bilingual, dioxide, duo double,
3, three	Tri-	Tri-	Tricycle, triangle, triathlon, tripod
4, four	Tetra-	Quad- Qua-	Quadrilateral, tetrahedron
5, five	Penta-	Quin-	Pentagon, quintuplet
6, six	Hexa-	Sext-	Hexagon, sextuplet
7, seven	Hepta-	Sept-	Heptagon, septuagenarian
8, eight	Octo-	Oct-	Octagon, octopus
9, nine	Ennea-	Nona- Novem-	Novena, nonagon
10, ten	Deca-	Deci – Decem-	Decade, decimal, decagon
100, one hundred	Hecto-	Cent-	Century, centurion, cent
1000, one thousand	Kilo-	Milli- Mille-	Kilogram, Kilometre, millennium
½ Half	Hemi-	Semi-	Hemisphere, semicircle
¼ Quarter		Quart-	Quarter, Quartile
Many	Poly-	Multi-	Polygon, multiplication

Did you know?

During Roman times the year had 10 months with the first month as March. Some of the months were named after Gods or important people while others were just numbered. Can you use the prefixes in the table to work out which months were numbered?

	Understanding Units of Measurement								
Prefix Name	Prefix Symbol	Base 10	Decimal	English word					
Tera-	Т	1012	1 000 000 000 000	trillion					
Giga-	G	10 ⁹	1 000 000 000	billion					
Mega-	М	10 ⁶	1 000 000	million					
Kilo-	k	10 ³	1 000	thousand					
Hecto-	h	10 ²	100	hundred					
Deca-	da	10¹	10	ten					
		100	1	one					
Deci-	d	10-1	0.1	tenth					
Centi-	С	10-2	0.01	hundredth					
Milli-	m	10-3	0.001	thousandth					
Micro-	μ	10-6	0.000001	millionth					
Nano-	n	10-9	0.000000001	billionth					

Examples

A centimetre cm is one hundredth of a metre 1cm = 0.01m A millilitre is one thousandth of a litre 1ml = 0.001l A kilogram is one thousand times larger than a gram 1kg = 1000g

Did you know?

The word for one thousand comes from Italian "mille – thousand" "-oné – big" . A millioné was a 'big thousand' or a thousand thousand.

DIG DEEPER

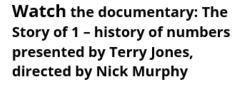
Read The Everything Kids: Maths Puzzle Book by Meg Clements - puzzles, games and trivia.



Listen to the podcast on mathematics, logic and puzzles with Chaim Goodman-Strauss and Kyle <u>Kellmas</u> series – The Math Factor

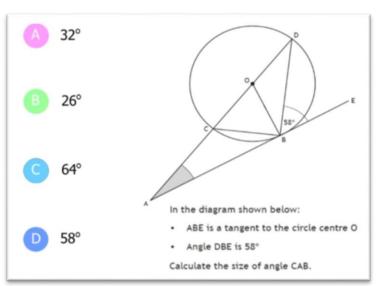


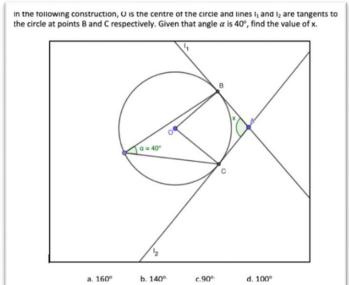
https://mathfactor.uark.edu

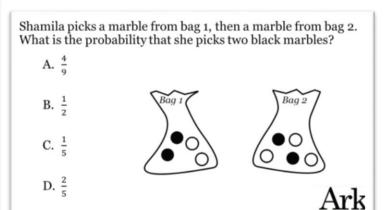


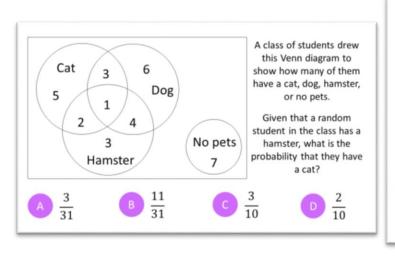


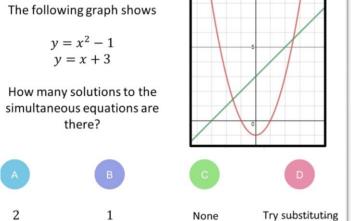
Challenge Exam Questions

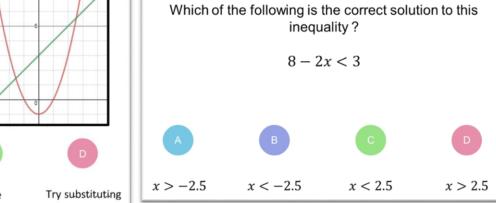












GCSE Physical Education – Health, fitness and wellbeing – Paper 2



Tier 2 Calculate Use numbers given in the question to work out the answer Conclude Look at both sides of an idea and come to a decision Define Say the meaning of something Describe Recall some facts about the topic Evaluate Make points for and against an idea and come to a conclusion Identify Establish who or what something is Label Point out or write the correct names on the diagram Select Carefully choose as being the best or most suitable Which Deciding between options		_
Conclude Look at both sides of an idea and come to a decision Define Say the meaning of something Describe Recall some facts about the topic Evaluate Make points for and against an idea and come to a conclusion Identify Establish who or what something is Label Point out or write the correct names on the diagram Select Carefully choose as being the best or most suitable	Tier 2	Vocabulary Meaning
Define Say the meaning of something Recall some facts about the topic Evaluate Make points for and against an idea and come to a conclusion Identify Establish who or what something is Label Point out or write the correct names on the diagram Select Carefully choose as being the best or most suitable	Calculate	Use numbers given in the question to work out the answer
Describe Recall some facts about the topic Evaluate Make points for and against an idea and come to a conclusion Identify Establish who or what something is Label Point out or write the correct names on the diagram Select Carefully choose as being the best or most suitable	Conclude	Look at both sides of an idea and come to a decision
Evaluate Make points for and against an idea and come to a conclusion Identify Establish who or what something is Label Point out or write the correct names on the diagram Select Carefully choose as being the best or most suitable	Define	Say the meaning of something
Identify Establish who or what something is Label Point out or write the correct names on the diagram Select Carefully choose as being the best or most suitable	Describe	Recall some facts about the topic
Label Point out or write the correct names on the diagram Select Carefully choose as being the best or most suitable	Evaluate	
Select Carefully choose as being the best or most suitable	Identify	Establish who or what something is
5 m 3 m 3 m 3 m 3 m 3 m 3 m 3 m 3 m 3 m	Label	Point out or write the correct names on the diagram
Which Deciding between options	Select	Carefully choose as being the best or most suitable
	Which	Deciding between options

Be brave, dig deep and discover

- NHS https://www.nhs.uk
- Great Ormond Street Hospital https://www.gosh.nhs.uk/teenagers/staying-healthy/healthy-eating/
- BBC sport https://www.bbc.co.uk/sport
- Revision https://www.bbc.co.uk/bitesize/examspecs/zxbg39q
- Revision https://www.echalk.co.uk/PE/PE.html
- Revision https://app.senecalearning.com/dashboard/join-class/opt5tjta73











Tier 3	Vocabulary Meaning
Aerobic	Exercising between 60-80% of your maximum heart rate, think endurance, long distance, moderately paced events
Anaerobic	Exercising above 80% of your maximum heart rate, think explosive actions
Exercise	When you take part in an activity where you are not competing or trying to beat anything or anyone
Serotonin	The chemical which is released in your brain which makes you feel good and happy when you are exercising
Aesthetic appreciation	Something that makes you say wow, when you watch a performance, often leaves you feeling as though you wish you could do that
Diet	What a person eats and drinks on a day to day basis
Sedentary lifestyle	When someone doesn't exercise, generally doesn't move a lot, causes negative lifestyle experiences and illnesses
Energy balance	Linked to body weight. To maintain the same weight, to lose weight and to gain weight.
Overweight	Weighing more than they should
Obese	Weighing more than they should plus having higher than 30% body fat



Rio 2016 top 10 highlights



Topic recap which should be watched at the end of the unit



SCIENCE BE STRONG - Knowledge Organiser - Y10 Block A



Science Command Words

Tier 2 Word	Meaning			
Calculate	Use numbers given in the question to work out the answer.			
Conclude	Look at both sides of an idea and come to a decision.			
Define	Say the meaning of something.			
Describe	Recall some facts or processes in a scientific way.			
Evaluate	Make points for and against an idea and come to a conclusion.			
Explain	Say the reasons for something happening.			
Label	Point out the correct names on a diagram.			
Measure	Find the amount, size or degree of something.			
Predict	Give a likely outcome.			
Plan	Write a method.			



Quantity being measured	Unit in words and symbols		Quantity being measured	Unit in words and symbols	
Length	metre	m	Temperature	degrees Celsius	°C
Mass	gram	g	Speed	metres per	m/s
				second	
Pressure	Pascal	Pa	Density	square metres	m ²
Force	Newton	Ν	Volume	cubic metres	m³

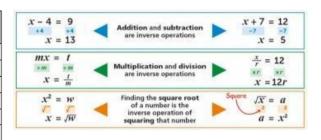
Experimental Words

Meaning
The original experimenter repeats the investigation using same method and equipment and obtains the same results. Also known as
repeatable.
These are physical, chemical or biological quantities.
Control variable are the parts of the practical that have to be kept
constant or monitored.
Dependent variable is the part of the practical that is measured.
Independent variable is the part of the practical that is changed on
purpose.
These are values in a set of results which are judged not to be part of
the variation caused by random uncertainty (an odd one out)

Maths Challenge

Quantity measured	Name of unit	Symbol
length	metre	m
mass	kilogram	kg
time	second	S
force	newton	N
area	square metres	m ²
volume	cubic metres	m ³
temperature	degrees Celsius	°C
speed	metres per second	m/s
current	ampere or amp	Α
energy	joule	J
voltage	volt	V
pressure	pascal	Pa
power	watt	W
frequency	hertz	Hz

Values
Equation
Substitute
Rearrange
Answer
Units



Unit 2: Electricity

Equations to Learn	
charge flow = current × time	Q = I t
potential difference = current × resistance	V = IR
total resistance = resistance of component 1 + resistance of component 2	$R_T = R_1 + R_2$
power = current × potential difference	P = IV
power = (current) ² × resistance	$P = I^2 R$
energy transferred = power × time	E = Pt
energy transferred = charge flow × potential difference	E = QV

Extra Lesson support:

Need more help or missed a lesson? Access the content for these lessons with the QR codes below:







SCIENCE BE STRONG - Knowledge Organiser - Y10 Block A

Chemistry: Separating Mixtures and Organic Chemistry Tier 3 Word Meaning Distillation Separation of a liquid from a mixture by evaporation followed by condensation. The process whereby small amounts of dissolved substances are Chromatography separated by running a solvent along a material such as absorbent paper. Alkane A saturated hydrocarbon that has no double bonds between the carbon atoms Unsaturated hydrocarbon which contains a double carbon-Alkene carbon bond. **Homologous** A group of related organic compounds that have the same Series functional group. For example the molecules of the homologous series of alcohols all contain the -OH group. The reaction used in the oil industry to break down large Cracking hydrocarbons into smaller more useful ones. This occurs when the hydrocarbon vapour is either passed over a hot catalyst or mixed with steam and heated. A way to separate liquids from a mixture of liquids by boiling off **Fractional**

the substances at different temperatures and then condensing

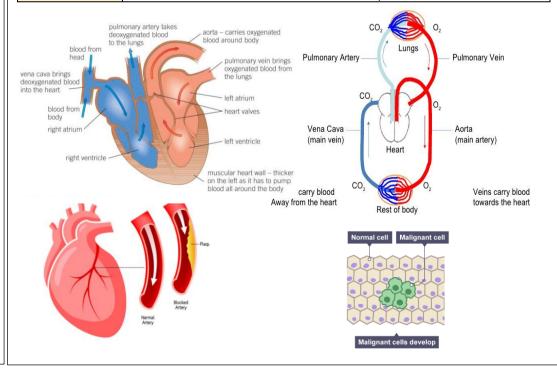
Distillation

Name of Alkane	Structural Formula	Molecular Formula	Chromatography paper					
methane	H H—C—H H	CH ₄	Dire	ection of			C, to C, gases	
ethane	H H H C C C H H H	C₂H ₆	so	otion of olvent 'Start	fractions decreasing in density and boiling point	nn	C, to C, naphta	liquefied petroleum gas
propane	H H H H-C-C-C-H H H H	C₃H ₈		line'			C, to C, petrol (gasoline)	chemicals petrol for vehicles
butane	H H H H I I I H-C-C-C-C-H I I I I H H H H	C ₄ H ₁₀	Short Hydrocarbon (Alkene)		fractions increasing in density and boiling	1007 1007	C ₁₀ to C ₁₀ kerosine (paraffin oil)	Tex
	+ + + +		C=C H		point crude oil		C ₁₄ to C ₂₀ diesel oils	diesel fuels
н	-C-C-C-C H H H Long Hydr		H H H H		2		C ₂₀ to C ₃₀ lubricating oil	lubricating oils, waxes, polishes
	(Alkai		 H H H H Short Hydrocarbon		heating		C ₂₀ to C ₂₀ fuel ail	fuels for ships, factories and central heating
			(Alkane)				> C _∞ residue	bitumen for roads and roofing

and collecting the liquids

Biology: The Heart and Non-Communicable Diseases

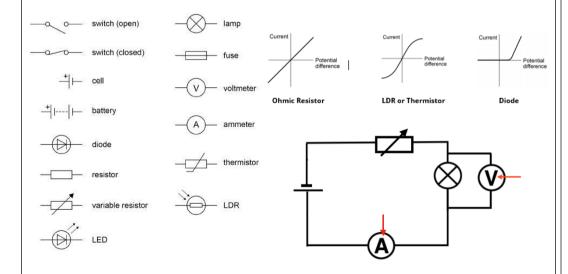
Tier 3 Word	Meaning
Artery	A vessel that carries blood at high pressure away from the heart
Blood	A tissue containing red, white blood cells, platelets and plasma.
Cancer	A non-communicable disease caused by changes in the cell that lead to uncontrolled growth and division.
Capillary	A very thin blood vessel that is used for exchange of substances.
Coronary Heart	A disease caused by the build-up of fatty deposits inside the
Disease	coronary artery, reducing blood flow to the heart tissue.
Heart	An organ that pumps blood around the body in a double
	circulatory system.
Non-Communi- cable disease	A disease which cannot be spread between individuals.
Statins	A class of drugs that are used to reduce blood cholesterol levels
	which slows down the rate of fatty material deposit.
Stent	A tube that can be surgically implanted into blood vessels to keep
	them open
Vein	A blood vessel that carries blood at a low pressure back to the heart.



SCIENCE BE STRONG - Knowledge Organiser - Y10 Block A

Physics: Electricity

Tier 3 Word	Meaning
Electrical Current	Electric current is the flow of electric charge around a circuit. It is
	measured in amperes using an ammeter. (Amperes / Amps A).
	Charge is measured in Coulombs (C).
Electrons	Tiny negatively charged particles that around the nucleus of an
	atom
Amperes	The unit for current
Coulomb	The units for charge
Potential	Potential difference is the energy transferred to a particular
Difference	component. Potential difference is measured in volts (V).
Resistance	Resistance is the opposition to current.
Resistor	a component that can be placed into a circuit to increase the
	resistance and lower the current.
Thermistor	Will decrease the resistance of a circuit when exposed to high
	temperatures
Light Dependent	Will increase the resistance when exposed to high light
Resistor	intensities
Diode	Ensure that the current flows in one direction and maintains a
	constant resistance.



Deep Dive

Here are some websites and links to support and upgrade your learning!

Useful websites

https://www.dogonews.com/category/science

https://www.sciencenewsforstudents.org/

https://sciencejournalforkids.org/

https://edu.rsc.org/eic/section/the-mole?adredir=1

https://cellfiemagazine.wixsite.com/blog

https://informationisbeautiful.net/beautifulnews/

https://www.positive.news/environment/renewal-why-clean-energy-should-power-

the-new-normal/

https://www.tweentribune.com/

https://www.nationalgeographic.com/

Useful podcasts

https://www.bbcearth.com/podcast/

https://www.rebelgirls.com/pages/podcast

Other fun websites

https://scaleofuniverse.com/

https://phet.colorado.edu/

https://www.biointeractive.org/classroom-resources/how-animals-use-sound-

communicate

Useful revision websites

https://www.savemyexams.co.uk/

https://www.revisely.co.uk/gcse/science/aga

https://www.bbc.co.uk/bitesize/examspecs/z8r997h

https://www.youtube.com/watch?v=mKYQ-K23Mr4

https://www.aqa.org.uk/subjects/science/gcse

Topic: Block A Mi Gente, Intereses e Influencias

La familia (Family)

padrastro - stepdad madrastra - stepmum hermanastro/a - stepbrother/sister tío - uncle

primo - cousin (m) bisabuelo - great-grandad sobrino - nephew

hijo - son **nieto** – grandson **novio** - boyfriend marido - husband mis parientes - my relatives

Family members

tía – auntv prima - cousin (f) bisabuela – great-nan sobrina - niece hija - daughter nieta - granddaughter novia - girlfriend muier - wife

Un buen amigo es alguien que... - a good friend is someone who...

te apoya – supports you te escucha - listens to vou

te conoce bien - knows you well

te acepta como eres- accepts you as you are te quiere mucho – loves you a lot

te da conseios – gives vou advice te hace reír - makes vou laugh

Pienso que soy un buen amigo/una buena amiga porque... - I think I am a good friend because...

Soy - I am calvo - bald alto - tall baio - short delgado - slim gordo - fat Es - he/she is Son - they are Physical descriptions azules - blue Los oios marrones - brown verdes - green eyes 💿 👁 Tengo - I have El pelo moreno - dark brown rubio - blonde castaño – brown ondulado – wavy Tiene - he/she has hair roio - red rizado - curly liso - straight Tienen - they have corto - short largo - long fino - fine de punta - spiky la piel blanca/morena - fair/dark skin los dientes prominentes - big teeth pecas - freckles Un tatuaie – a tattoo Llevo - I wear/ have gafas - glasses Lleva - he/she wears/has **barba** – a beard Llevamos - we wear/have bigote - a moustache

friend

Family relationships Me llevo bien con... - I get on well with Me divierto con... - I have fun with Echo de menos a... - I miss

No me llevo bien con... - I don't get on

Me peleo con... - I argue with

Estoy harto de... - I am fed up of

Me hace(n) reír - he/she makes me laugh Me conoce(n) bien - he/she knows me well Nunca me critica(n) - he/she never criticises me Guarda(n) todos mis secretos - he/she keeps all my secrets Tenemos mucho en común - we have a lot in common Me da(n) consejos - he/she gives me advice

Me acepta(n) como soy - he/she accepts me as I am

Me dice(n) la verdad - he/she tells me the truth

Me juzga(n) - he/she judges me Me trata(n) como un niño/una niña - he/she treats me like a child

No me deja(n) salir - he/she doesn't let me go out No me da(n) libertad – he/she doesn't give me freedom

Me critica(n) - he/she criticises me

Me apova(n) - he/she supports me

Oialá tuviera un hermano/una hermana - If only I had a brother/sister Nos peleamos como el perro y el gato – we fight like cat and dog Somos uña y carne - we're inseparable

Lo que más me gusta es (que)... - the thing I like the most is (that)... Lo que menos me gusta es (que)... - the thing I like the least is (that)...









Family members

A good friend

Family relationships

Physical descriptions

пеш	friend	relationships
)	Me llamo María y tengo quince años.	My name is Maria and I am 15 .
Text	Tengo el pelo <u>largo</u> y <u>rubio</u> y no soy ni <u>alto</u> ni <u>bajo</u> .	I have <u>long blond</u> hair and I'm neither <u>tall</u> nor <u>short</u> .
Hablame de tu familia (Model Text)	Si tuviera la opción, quisiera tener <u>un tatuaje</u> pero lo haré cuando sea mayor.	If I had the option I would like to have a tattoo but I will do it when I'm older.
amılı	En mi familia somos <u>cinco</u> .	In my family there are <u>five</u> people.
e de tu f	En general diría que me llevo bien con <u>mis padres</u> aunque sean <u>estrictos</u> a veces.	In general I would say that I get on well with my parents even though they are strict sometimes.
lablam	Yo me parezco mucho a <u>mi madre</u> . Las dos tenemos el pelo <u>castaño</u> .	I look a lot like <u>my mum</u> . We both have <u>brown</u> hair.
_	También nos llevamos superbien ya que <u>tenemos</u> <u>mucho en común</u> y siempre <u>me apoya</u> .	Also, we get on really well because we have a lot in common and she always supports me.
	Antes adoraba a <u>mi</u> <u>hermana menor</u> pero ahora la encuentro <u>molesta</u> y <u>nunca guarda</u> <u>mis secretos</u> .	Before I loved my <u>little</u> <u>sister</u> but now I find her <u>annoying</u> and <u>she never</u> <u>keeps my secrets</u> .
	Para mí un buen amigo debe ser comprensivo y creo que es importante que tengamos intereses en común, por ejemplo la música	For me a good friend should be understanding and I believe that it's important that we have common interests, for example music.
	Creo que soy una buen amiga ya que siempre <u>apoyo</u> a mis amigos y <u>doy</u> consejos buenos.	I believe that I am a good friend because I always support my friends and I give good advice.

well with

Topic: Block A Mi Gente, Intereses e Influencias

El tiempo libre (Free-Time)



-						
	Suelo – I tend to Me encanta – I love Me mola – I like Me chifla – I'm crazy about Prefiero – I prefer Mi pasión es – my passion is	descansar - relaxing escuchar música - listening to music hacer deporte - doing sport ir al cine - going to the cinema leer libros/revistas/periódicos - reading books/magazines/papers salir con mis amigos - going out	porque - because			
Activities	No aguanto – I can't stand No soporto – I can't stand Odio – I hate	with friends quedar con amigos – meeting with friends ir de compras – going shopping montar en bici/monopatín – riding my bike/skateboard usar el ordenador – using the computer ver la tele – watching tv jugar con los videojuegos – playing video games cocinar – cooking	ya que – because dado que – because			
C	hop/el pop/el rock/el jazz/ Suelo escuchar – I tend to listen to hop/el pop/el rock/el jazz/ la música clásica/electrónica becaus dado q		porque – because ya que – because dado que – because	tiene ritmo – it has rhythm me encanta la letra – I love the lyrics canta biensings well		
Music	Toco – I play Toca – he/she plays Tocan – they play	El teclado – the keyboard La batería – the drums La guitarra – the guitar	no - the piano uta - the flute mpeta - the trumpet			
IJ	Asistir a un concierto – to Cantar – to sing Una canción – a song Un cantante – a singer	Mi cantante favorito/a es my favourite singer is Mi grupo favorito es my favourite band is un espectáculo – a show una gira mundial – a world tour				
t %	Soy – I am Era – I was	aficionado/a de – a fan of hincha de – a fan of fanático/a de – a fan atic miembro de un club de a member of a club correr – to run entrenar – to train marcar un gol – to score a goal participar – to participate un partido – a match la temporada – the season				
Sport	Juego - I play	al badminton/fútbol/rugby/tenis/hockey/croquet/béisbol al balonmano - handball al baloncesto - basketball al voleibol - volleyball judo - judo karate - karate atletismo - athletics baile - dance boxeo - boxing ciclismo - cycling equitación - horseriding escalada - climbing gimnasia - gymnastics natación - swimming remo - rowing vela - sailing patinaje sobre hielo - ice skating tiro con arco - archery piragüismo - canoeing				
	Hago – I do					



¿Qué haces en tu tiempo libre? (Model Text)





	En mi tiempo libre suelo <u>descansar</u>	In my free time I tend to relax
	o, a veces, <u>quedar con</u> <u>amigos</u> en el centro	or, sometimes, <u>meet my</u> <u>friends</u> in town
	para <u>ir de compras</u> ya que es <u>entretenido.</u>	to go shopping because it's entertaining .
	En mi opinión, <u>salir con</u> <u>mis amigos me hace reír</u>	In my opinion, going out with my friends makes me laugh
	y <u>me ayuda olvidarme de</u> <u>todo</u>	and helps me to forget everything
	sin embargo nunca <u>monto</u> <u>en bici</u>	however I never <u>ride my</u> <u>bike</u>
	ya que <u>me aburre como</u> una ostra	because <u>it bores me to</u> <u>death</u>
	aunque sé que es <u>sano</u> .	although I know that it's healthy.
	Además, me encanta escuchar música y	Moreover, I love listening to music and
	suelo escuchar <u>la música</u> de Adele	I tend to listen to Adele's music
	dado que <u>canta bien</u> y <u>me</u> encanta la letra.	because <u>she sings well</u> and <u>I love the lyrics.</u>
	No toco un instrumento pero en el futuro	I don't play an instrument but in the future
	voy a aprender tocar la <u>batería</u> .	I'm going to learn to play the drums .
	Cuando era joven era hincha de <u>FC Barcelona</u>	When I was younger I was a fan of Barcelona FC
	porque jugaba mucho el <u>fútbol</u>	because I played loads of football
	pero ya no .	but I don't anymore.
	Ahora prefiero ver un partido.	Now I prefer to watch a match.

Topic: Block A Mi Gente, Intereses e Influencias

La tele, el cine, los modelos a seguir (TV, Cinema, Films, Role Models)

TV/film	Suelo ver – I tend to watch Me encantan – I love Me molan – I like Me chiflan – I'm crazy about Prefiero – I prefer	los prograi los docum las series p los reality: los culebro las comedi el telediar los dibujo el meteo - los misteri	sos –gameshows mas de deportes – sp entales –documental policiaca – crime serie s – reality TV shows ones/las telenovelas ias – a comedys io/las noticias – the r animados – cartoons the weather ios – mysteries	ries ries es - soaps news -	porque son - because they are	divertidos/as - fun entretenidos/as - entertaining informativos/as - informative emocionantes - exciting interesantes - interesting adictivos/as - addictive
	No aguanto – I can't stand No soporto – I can't stand Odio – I hate	las película las película las película las película las película las película	le amor – love films as de terror – horror as de acción – action as de aventuras – ad as de animación – an as de ciencia – ficción as de fantasia – fanta as extranjera – foreig	films venture films imated films n – sci-fi films asy films		aburridos/as – boring tontos/a – silly malos/as – bad/rubbish infantiles - childish
inema	Me gusta ir al cine porque I love going to the cinema because	el ambiente es mejor – the atmosphere is better la imagen es mejor en la gran pantalla – the picture is better on the big screen las palomitas están ricas – the popcorn is tasty				
and cons of cinema	Prefiero ver pelis en casa porque I prefer to watch film at home because	er pelis en ue I prefer los asientos no son cómodos – the seats are uncomfortable los otros espectadores me molestan – other spectators annoy me				nsive EDE Lable Sannoy me
Pros a						ou want
els	Admiro a I admire es un buen modelo a seguir is a good role model		apoya a organizaciones benéficas – supports charities recauda fondos para raises money for tiene mucho talento – has a lot of talent trabaja en defensa de los animales – works in defense of animals usa su fama para ayudar a los demás - uses his/her fame to help others			e of animals
Role models	Mi inspiración es my inspiration is	porque - because lucha por/contra – he/she fights for la pobreza – poverty la homofobia – homophobia los derechos de la mujer/los refugiados – women's/refugee rights			ugiados -	
R	Un buen modelo a seguir es alguien que a good role model is someone who		no – he/she doesn't se comporta mal - behave badly se emborracha – get drunk se mete en problemas con la policia – get in trouble w the police			



TV/film



Pros and cons of cinema



Role models

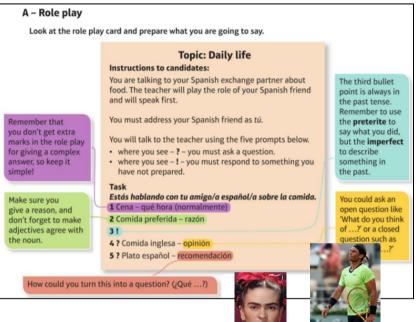
33		, medans
ıt	Suelo pasar al menos <u>cinco</u> horas enfrente de la tele cada día.	I tend to spend at least <u>5</u> hours a day in front of the TV.
Model Text	Me encantan <u>los realitys</u> porque son <u>emocionantes</u>	I love <u>reality shows</u> because they're <u>exciting</u>
Nod Nod	pero también son <u>adictivos</u> .	but they're also <u>addictive</u> .
	Además me chiflan las comedias	Also, I'm crazy about comedies
	sin embargo los que más me gustan son <u>los</u> documentales	however what I like the most are documentaries
	dado que son <u>informativos</u> y <u>educativos</u>	given that they are informative and educational
	y me encanta aprender nuevas cosas.	and I like to learn new things.
	A veces voy al cine porque dicen que	Sometimes I go to the cinema because they say that
	<u>la imagen es mejor en la gran pantalla</u>	the picture is better on the big screen
	pero prefiero ver pelis en casa, porque en el cine	but I prefer to watch films at home, because at the cinema
	hay demasiadas personas y los asientos no son cómodos	there are too many people and the seats aren't comfy
	y en casa se puede pausar la película si quieres .	and at home you can pause the film if you want.
	Hay muchos actores que me gustan pero mi <u>actriz</u> favorita	There are lots of actors that I like but my favourite actress
	es Emma Watson ya que apoya a organizaciones benéficas	is <u>Emma Watson</u> because <u>she supports charities</u>
	y <u>lucha por los derechos de</u> <u>la mujer</u> .	and fights for womens' rights.
	Es un buen modelo a seguir.	She's a good role model.

Topic: Block A Mi Gente, Intereses e Influencias

	Challenge Questions (Respond to these questions including EQUATACO phrases)
1)	Describe a tu mejor amigo o a un miembro de tu familia.
2)	¿Estás enganchado a tu móvil? Write a paragraph.
3)	¿Qué hiciste el fin de semana pasado con tus amigos? Qué vas a hacer este fin de semana.
4)	Write a film review in Spanish about a film you have seen.
5)	¿Quién es tu modelo a seguir? Make a poster about your role-model and write your response to this question in Spanish.

Exam Style Questions Paper 1 & 3 Go to: https://www.bbc.co.uk/bitesize/examspecs/z799hbk and practice listening and reading exam questions on one of the topics (1) Me, Family and Friends (2) Socialising, Interests and Role Models (3) Social Media and Technology (4) Sports and Exercise Paper 2, Task 2: Describe la foto (Write a description of the photo using PALMAD. Paper 2, Task 1: Look at the role-play and use 10 minutes to prepare what you have to say. TRecord yourself on https://vocaroo.com and send to your teacher. PALMAD: **Paper 4** Write responses to these bullet points. 4) **P**hysical description ¿Te llevas bien con tu familia? **A**ction ¿Qué hiciste con tu familia recientemente? **L**ocation + weather ¿Cuando seas mayor, te gustaría casarte o tener hijos? Mood Antes (Before) Cuáles son las ventajas de ir al cine?

Después (After)



	Dig Deeper: (Be brave, dig deep and discover) People, places, events, emotions (website links, famous people, historical, people, events). Recommended texts/websites/writers)
1)	Use https://vocaroo.com to record your answers to any of the challenge questions.
2)	Research social media in Cuba. Send your teacher a word document with your main points OR make a mindmap of your findings and be ready to share with the class.
3)	Research the following Spanish-Speaking potential role models: Shakira, Rafael Nadal, Messi, Oscar de La Renta, Isabel Allende, Frida Kahlo or find your own!
4)	Watch a Spanish TV show on Netflix, Disney Plus OR find some episodes of Mi Vida Loca on Youtube to review vocabulary from previous cycles.

Sports Science - RO42 - Applying principles of Training - Tier 2 vocabulary and extra material to support you

Tier 2 vocabulary

Outline - write the main points of the topic

Describe - tell me everything about all the features you are describing

Carry out – physically complete the practical task correctly and in order

Evaluate - Using knowledge which is available to you, make our own judgement on a topic

Documentary's to support this unit

- **1. Through my fathers eyes -** Ronda Rousey, a former Olympian and the first-ever female UFC champion.
- **2. Unstoppable -** When Bethany Hamilton was 13 years old, she was attacked by a shark while surfing. She lost her left arm in the attack but not her passion for surfing just a month later, she was back on the board.
- **3. Cheer –** A Netflix series which follows the ups and downs of a Cheerleading team, looking to become the Texas state champions for a 15th time, how hard can it be?



Websites

Fitness testing

https://www.topendsports.com/testing/guide-conduct.htm



https://www.brianmac.co.uk/conditon.htm



https://www.ifafitness.com/book/



https://www.free-power-point-templates.com/articles/workout-chart-for-excel/



Training plans

https://www.slideshare.net/klharrison/principles-of-training-and-training-zones-16224739?qid=3ca8e64d-3a11-475b-a4a5-204fbe14c715&v=default&b=&from search=10

https://www.nerdfitness.com/blog/how-to-build-your-own-workout-routine/



Sports Science – RO42 - Applying principles of Training – Tier 3 vocabulary

Learning Outcome 1: Know the principles of training in a sporting context

Progression	Increasing frequency, intensity, time, type, adherence
Specificity	Skills which are used in relation to a sport
Reversibility	When you may become injured your fitness regresses
Moderation	Taking age, gender, environment and experience in to account when you are exercising
Variance	things done to avoid boredom with training and exercise sessions

Learning Outcome 3: Be able to conduct fitness tests

Protocols	Guide lines set by the fitness industry
Maximal	Working to exhaustion
Sub maximal	Working below maximum effort
Validity	Making sure the test actually measures what it should
reliability	Making sure the conditions are the same for each test
Normative data	Data being compared to results

Learning Outcome 2: Know how training methods target different fitness components

Aerobic	Utilising oxygen when exercising
Anaerobic	Fuelling the body without oxygen with exercising
Methods of training	A specific type of training
Components of fitness	A certain part of a persons fitness that needs to change to increase performance

Learning Outcome 4: Be able to develop fitness training programmes

Training programme	A plan for a period time which supports and increases a persons fitness
Aim	What is the purpose of the training programme?
Goal setting	Having a target which isn't too easy or too hard
Self reflection	Thinking about everything you have done with the training plan and identifying strengths and areas of improvement